

Network organisation within WONCA Region Europe – ESGP/FM www.euract.woncaeurope.org

Report of EURACT Council Meeting Sofia, 26-28 September 2019



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List of participants

- 1. Dr Jo Buchanan, UK, President
- 2. Prof. Nele Michels, Belgium, President-Elect
- 3. Dr Denise Velho, Portugal, Hon. Secretary
- 4. Prof. Esra Saatci, Turkey, Hon. Treasurer
- 5. Prof. Ruth Kalda, Estonia, EB member
- 6. Prof. Adam Windak, Poland, EB member
- 7. Prof. Valentina Madjova, Bulgaria
- 8. Dr Jachym Bednar, Czech Republic
- 9. Dr Eva de Fine Licht, Sweden
- 10. Dr Humbert de Fréminville, France
- 11. Dr Renzo De Gabriele, Malta
- 12. Dr Martine Granek-Catarivas, Israel
- 13. Dr Helena Karppinen, Finland
- 14. Dr Inguna Locmele, Latvia
- 15. Assoc. Prof. Roar Maagaard, Denmark
- 16. Dr Yolanda Ortega Vila, Spain
- 17. Dr Arabelle Rieder, Switzerland
- 18. Dr Radmila Ristovska, North Macedonia
- 19. Assoc. Prof. Llukan Rrumbullaku, Albania
- 20. Dr Nynke Sherpbier-de Haan, The Netherlands
- 21. Prof. Dr. Anne Simmenroth, Germany
- 22. Dr Péter Vajer, Hungary
- 23. Dr Odd Martin Vallernes, Norway
- 24. Dr Sonata Varvuolyte, Lithuania
- 25. Dr Maria Wendler, Austria
- 26. Dr Natalia Zarbailov, Moldova
- 27. Dr. Karena Hanley, Ireland
- 28. Dr. Natasa Trifunovic, Bosnia & Herzegovina
- 29. Dr. Venija Cerovecki, Croatia
- 30. Dr. Dimitrios Karanasios, Greece
- 31. Assist. Prof. Vesna Homar, Slovenia
- Ms Barbara Toplek, Administrative Secretary, Slovenia
- Observers:
 - o Dr Sophie Sun, France, EURACT liaison for Vasco da Gama Movement

Not present:

- 1. Dr Milena Cojić, Montenegro
- 2. Dr Nino Kiknadze, Georgia (justified)
- 3. Dr Pavlo Kolesnyk, Ukraine
- 4. Dr. Iveta Malikova, Slovakia (justified)
- 5. Dr. Dragana Trifunovic Balanovic, Serbia (justified)
- 6. Prof. Francesco Carelli, Italy, EB member (justified)
- 7. Dr Mariia Litviakova, Russia
- 8. Dr Razvan Miftode Florentin, Romania (justified)

Report of the Meeting

Pre-Council Executive Board Meeting

Present – Jo, Nele, Denise, Esra, Ruth and Adam. Not present – Francesco.

Items discussed:

Part 1 (EB members only)

- Welcome (Jo)
- Apologies from Francesco
- Review agendas
- Membership:
 - **a.** New Council members

New council member	Mentor
Dr. Natasa Trifunovic, Bosnia &	Dr. Venija Cerovecki, Croatia
Herzegovina	

b. Update on non-paying countries

Council members are still collecting fees.

c. Updates from non-member countries

Kazakhstan transferred 19 euros. Barbara has emailed them to understand this amount but they still haven't answered.

Kosovo?,Kirgystan?,Luxembourg?

- **Data protection:** update from Barbara the webpage now has no member names so it is compliant with the GDPR. MSC will discuss what to do next.
- **Conference update:** GoTomeeting 23rd September questions to ask Péter. Breakfast meeting, 8 to 9, on the 27th between EB, Péter and Nynke.
- WONCA Europe: request to review Core values and GP definition (Adam)
- Two documents for council:
 - a. ST Committee who can be called a Family Doctor? Document finalized \rightarrow must be sent to the whole council
 - **b. BME standards for undergraduate teaching** → BME will work on the document during this meeting
- Teachers, Bled and Assessment courses possibility of asking sponsored participants to pay a small contribution to the cost: In Riga we decided sponsored participants would pay 3x their country fee. Denise has put this in to practice with the assessment course in Lisbon and there were no issues about it. It also worked in Bled.

- Future Courses:
 - a. Leonardo 1
 - **b.** Leonardo 2 Kiev? (+ Spring council meeting)
 - c. Leonardo 3
- Leonardo courses Business plan: ask MSC for input to this to be finalized by EB in January?
- **Review membership of committees and task groups:** EB member present in all? Any actions for committees?
- **Sponsorship of EURACT Council representative in network meetings:** only if there is a concrete contribution. If possible, this could be done by the Council member from the respective meeting country.
- Query from Denise: A Brazilian colleague has written qualitative research about the impact of the EURACT courses in Brazil and asked for support with publishing fees or any other type of public presentation. EB concluded that such support would not be possible.

<u>Part 2</u> (EB joined by chairs of committees and task groups to discuss work in such committees / groups)

Committees

Saturday morning we will have a joint session with our hosts from the Bulgarian association of teachers and researchers, BGPSRE. Jo will present a general overview of EURACT and each chair of the committees BME, CPD and ST, will make a 5 minute presentation about their work.

- <u>MS</u>: Humbert is looking for a co-chair. MSC will discuss data protection, sponsorship criteria, fee for sponsored places and business plan for the Leonardo courses.
- <u>BME</u>: Helena, as acting chair instead of Francesco. BME will work on their document about teaching standards. It's not ready to be presented for council approval. This committee needs more people.
- <u>ST</u>: Nele. They will look for a new chair. Collaboration with Ana L. Neves. New GP/FM definition. WONCA Berlin WS and for the Educational Conference. Start research hospital training explorative analysis.
- <u>CME/CPD</u>: Jáchym informed that CPD held 2 workshops in WONCA Europe Conference in Bratislava. WS about learning styles for WONCA Europe in Berlin 2020.

• Task Groups

- <u>Appraisal</u>: Roar wasn't present. Friday morning motivational interviewing.
- <u>Educational resources</u>: Arabelle. how to continue and how to finish the project started by Martine questionnaire about blended learning. There are new ideas.
- <u>Assessment courses</u>: Renzo assessment course in Lisbon 10 12 October 2019.
- <u>Recruitment</u>: Dimitrios. This committee only has 3 members. Strategies to recruit new members: individuals, OiCs and countries who are still not represented in the council. Colleague from Kyrgystan who Dimitri met in Bratislava wants to be an individual member. Third attempt to contact Cyprus. Other ideas: Free access to journals... etc...

Pre-Council Journal Club

Facilitated by Nynke Sherpbier-de Haan

The following papers were discussed:

- "Uncertainty and objectivity in clinical decision making: a clinical case in emergency medicine";
- "Experience based learning (ExBL): clinical teaching for the twenty first century".

The discussion was focused on methodological aspects of the papers and what the results mean for our teaching and/or management.

Session 1: Welcome, approval of meeting agenda; introduction; business meeting part 1; updates on committees' and task groups' work; lecture by invited local speaker

Welcome and approval of meeting agenda

President Jo Buchanan (UK) opened the Council Meeting and welcomed participants in the presence of Dr Valentina (local host). The Meeting Agenda was approved. She gave a special welcome to the new council member present.

Introduction

Ruth Kalda (Estonia) facilitated an exercise where those present could start getting acquainted. We had five new members attending the Council meeting in Riga.

Business Meeting – part 1

- 1. Jo Buchanan, President, welcomed Council members and presented the agenda.
- 2. The report of the April 2019 EURACT Council Meeting in Riga prepared by Hon. Secretary Denise Velho (available on the EURACT website) was taken as read. With no feedback forthcoming from the council members present, the report was approved.
- 3. Jo Buchanan presented her President's Report (see Appendix 1) which was taken as read after having been already circulated. With no feedback forthcoming from the council members present, the report was approved.
- 4. Report from EURACT representative on WONCA Europe Executive Board: Adam Windack (Poland) gave a summary of his work in this role.
- 5. General meeting (Part 1)
 - a. The 1st General Meeting for 2019 was opened by Jo Buchanan, President, and the set agenda was approved by the Council.
 - b. As 31 out of 39 Council Members were present (as confirmed by Admin. Secretary Barbara Toplek), the required quorum was reached.
 - c. Membership fees: update country payments (Esra)
 - d. Approval of new members (Hon. Secretary and Barbara) postponed to be discussed on Saturday.

- e. Other issues: there were no other issues.
- 6. Recent EURACT courses report:
 - a. Leonardo 1 course Prague May 2019
 - b. EURACT Bled Course "The Tyranny of Health", September 2019 Vesna informed that the amount given by EURACT for the 5 sponsored places (3000 euros) does not cover the expenses.
- 7. Future EURACT courses updates:
 - a. Janko Kersnik International Bled Course, Slovenia, 8 12 September 2020 "Teaching and Learning about thriving in Family Medicine" (Vesna)
 - b. Assessment Course, 10-12 October 2019, Lisbon (Denise)
 - c. Level 2 Teachers' course, 31 March 2 April 2020: in Kiev, together with the Spring Council Meeting.
 - d. Level 3 Teachers' course 2020-21? None of the Council Members showed interested in hosting this course because of the financial and logistic difficulties.
 - e. Level 1 Teachers' course 2021? Again, for the time being no Council member stepped forward.
- 8. Future Council Meetings/conferences:
 - a. Spring Meeting 2020: Kiev, Ukraine, 2 4 April
 - b. Autumn Meeting and 3rd Medical Education Conference Budapest, Hungary: 23 24 and 25 26 September 2020.
 - c. Spring Meeting 2021: Madeira? In May?

Part 2 of the Business Meeting was held on the 28th of September 2019.

Updates on committees' and task groups' work

The chairpersons/representatives of the committees and task groups each gave presentations as follows:

Committees:

- Basic Medical Education (BME) Helena, acting chair: see Appendix 2
- Specialist Training (ST) Nele, chair: see Appendix 2
- CME/CPD Jachym, chair: see Appendix 2
- Member services (MS) Humbert, chair: see Appendix 2

Task groups:

- Appraisal of GP Teachers Roar, chair: see Appendix 3
- Provision of Educational Resources develop new teaching tools including on-line learning – Arabelle, chair: see Appendix 3
- Assessment Course Renzo, chair: see Appendix 3
- Recruitment Dimitrios / Humbert, acting chairs: see Appendix 3

Lecture by local speaker

The following talk was then given:

• Presentation on "The Healthcare Reform in Bulgaria. Problems and perspectives in primary care". The presentation may be downloaded from http://euract.woncaeurope.org/resources.

The session was closed with organisational announcements from Valentina.

Session 2: Committees session (first part)

All Council members split up to work in the 4 committees:

- Basic Medical Education (BME)
- Specialist Training (ST)
- Continuing Medical Education /Continuing Professional Development (CME/CPD)
- Member services (MS)

Session 3: Motivational Interviewing Session

Session led by Roar and Ruth.

- Learning about and practicing the skills of motivational interviewing;
- Participation and non participation in the Appraisal project was the focus of the practical work.

Sessions 4: Task groups meetings

The task groups met as follows:

- Appraisal of GP teachers
- Provision of Educational Resources develop new teaching tools including on-line learning
- Assessment courses
- Recruitment

Session 5: Committees session (second part)

The committees continued their work from earlier.

- Basic Medical Education (BME)
- Specialist Training (ST)
- Continuing Medical Education/Continuing Professional Development (CME/CPD)
- Member services (MS)

Organisation of the 3rd EURACT Medical Education Conference in September 2020

EURACT EB met with the host and local organiser, Péter Vajer, and the Conference's Scientific Committee chair, Nynke Scherpbier.

Saturday 28th September 2019

Session 6: Session with Bulgarian hosts and colleagues

EURACT Council had a joint session with the Bulgarian Association BGPSRE. It is a small association of around hundred GPs involved in research and teaching. Jo presented a general overview of EURACT. Helena presented BME committee, Radmilla, the CPD/CME committee and Nele, the ST committee.

Session 7: Reports from committees and task groups; 1-slide 5-minutes presentations; BME document on standards for UG medical education; Business meeting part 2; review of meeting

Representatives of the following committees presented their work:

- BME: Helena, acting chair.
- CME/CPD: Jachym, chair.
- ST: Nynke, (new) chair.
- MS: Humbert, chair.

The reports of the committees may be seen in Appendix 4.

The representatives of the following task groups presented their work:

- Appraisal of GP teachers: Roar, chair.
- Provision of Educational Resources: Arabelle, chair.
- Assessment courses: Renzo, chair.
- Recruitment: Dimitrios, chair.

The reports of the task groups may be seen in Appendix 5.

The following 1-slide 5-minutes presentations were made:

- Roar Maagaard, Denmark: "MMI the Aarhus way....";
- Nynke Scherpbier, The Netherlands: "Strengthening general practice by extending specialty training?"

The presentations may be viewed on http://euract.woncaeurope.org/resources.

BME document on standards for UG medical education

Business meeting – part 2

5. d. Approval of new members (Hon. Secretary and Barbara) – 61 new members were approved by council.

- 9. WONCA World/Europe Conferences
 - a. WONCA Europe Conference 2020, Berlin, Germany, 24-27 June
 - i. Organisers offering EURACT 2 workshops/symposia
 - ii. Organisers requesting list of possible reviewers
- b. WONCA World Conference 2020, Abu Dhabi, UAE, 26-29 November 10. EURACT Website:
 - a. Online application form for organisations in collaboration (Barbara)
 - b. GDPR compliance
- 11. Update re EURACT liaison on behalf of WONCA Europe to PREPARE (Platform for European Preparedness Against (Re-) emerging Epidemics) (Jo)
- 12. Collaboration with other WONCA-Europe Networks:
 - a. EGPRN invitation to attend meeting 17th October Vigo, Spain
 - b. EQuiP
 - c. EURIPA
 - d. EUROPREV
 - e. Vasco da Gama invitation to attend forum in Torino clashes with this meeting Sept 2019

Invitation from EGPRN for EURACT to participate in a project to further develop the EGPRN web-platform for its "International Web-based Course on Research in Primary Health Care". This project has applied for funding from WONCA world to support this project, Sonata represents EURACT in this project.

- 13. Announcements. There were no announcements.
- 14. Action points not covered elsewhere. None.

15. Any other business. Council Members signed a postcard from Sofia for Francesco.

Review of the meeting

Jo Buchanan facilitated a review of the meeting.

Post-Council EB meeting

• Task groups:

- <u>Appraisal</u>: Roar
- <u>Educational resources</u>: Pavlo/Arabelle. We discussed that this taskgroup should be the "Website taskgroup". There should be someone formally responsible for contents on the webpage. This taskgroup requested for Viola's help on statistics.
- <u>Assessment courses</u>: Renzo. Future "Leonardo Courses Taskgroup"
- o <u>Recruitment</u>: Dimitri

• Committees:

- <u>MS</u>: Humbert
- <u>BME</u>: Helena, acting chair instead of Francesco. BME committee wants to submit a workshop and a symposium for WONCA Berlin. They want to apply a questionnaire and ask for Viola's help. Adam recommended sending the questionnaire to Viola before applying it.
- <u>ST</u>: Nynke. ST committee wants to submit one workshop* for WONCA Berlin.
- <u>CPD</u>: Jachym. This committee will also produce a WS* for Berlin

*without peer review

• Other matters

- The amount given for the 5 sponsored places in Bled was increased from 3000 to 3500 euros.
- EB meeting arranged for 11th January 2020 in Vienna.
- Next council meeting: Kiev, 2 4 April 2020.

Appendix 1: President's report

EURACT Council meeting Riga April 2019 President's report

The main highlight since our last council meeting was of course EURACT's second educational conference held in Leuven. This was attended by over 200 people and was very well received by the participants. The atmosphere at the conference was lively with many people attending who were new to EURACT and WONCA events.

Since the conference a selection of abstracts has been published on-line by the journal 'Education for Primary Care' and Jan Degryse and I co-authored an editorial in the paper version of the journal entitled: 'Family Medicine Education in the Real World'.

We have started planning for the next conference in Graz in September 2020. The local organisers have proposed a collaboration with EURIPA. The proposed title of the conference is The Future of Family Medicine Education for GP/FM: Meeting the challenges of Access and Diversity in Rural and Urban Settings. This will be discussed further in the council meeting in Riga.

Denise Cunha Velho represented EURACT at EUROPREV's conference in Porto in October 2018 and presented a workshop there. WONCA Europe was invited to send a representative to a meeting of the European Union of Medical Specialists[UEMS] in Brussels. EURACT was asked to take on this role and Nele Michels kindly attended this on EURACT's behalf. This has led to negotiations with UEMS on how EURACT can relate to the organisation and increase the profile of GP/FM within it.

Several EURACT members attended the WONCA world conference in Seoul, South Korea in late October. A workshop was presented by Roar, Dimitrios and myself about the leonardo teaching programme. At the conference Roar was presented with a WONCA Fellowship, WONCA world's most prestigious award. A well deserved recognition of Roar's contribution to the work of WONCA.

In December 2018 Francesco Carelli coordinated a statement from WONCA Europe, EURACT and Italian Family Doctors about the importance of recognising GP/FM as an independent academic and scientific discipline.

Elections for council were held in January 2019 and we have said goodbye to some longstanding council members. We are looking forward to welcoming their replacements. Thank you to Barbara for her patience and persistence in ensuring the completion of the process of the election, not always an easy task.

Chloe Delacour has resigned as our Vasco da Gama Liaison. Thanks are due to Chloe for her contribution to EURACT, we wish her well in the future. We will be welcoming her replacement Sophie Sun to the council meeting in Riga.

We have also said Goodbye to Mario Sammut our Honorary Secretary. Mario has carried his work out in an exemplary manner and ensured along with Barbara that the activities of EURACT run smoothly. Thank you Mario! Jo Buchanan 1st April 2019

Appendix 2: Updates on committees' work since last meeting

Basic Medical Education (BME) Committee

Helena Karppinen, Acting Chair

- European Education Requirements for the Undergraduate FM/GP curriculum: The preliminary statement was drafted in October 2018; implementing references in spring/ Odd Martin; literature search in summer/ Anne; implementing references/ editing/ Helena.
- ECE (Early Clinical Exposure): The questionnaire for a European survey on ECE in FM/ GP undergraduate education, in collaboration with UK researchers, was drafted by Anne and Milena.
- Collaboration with WWPE is beginning (chaired by prof. Valerie Wass).
- The document for education standards: the next version to be shared with others, more background to support our proposals, Bloom taxonomy? -> approval in the spring meeting?

CME/CPD Committee

Jachym Bednar, Chair

- Bratislava Wonca conference :
 - 2 WSs presented:
 - A. ID 87 / What is the best teaching method in family doctor's training? The aims of the workshop were:

To provide concise information about teaching methods in FM/GP education; To raise awareness of advantages and limitations of various teaching methods in FM/GP education;

To empower trainers to choose the most appropriate interactive methods for teaching the certain topics in FM/GP education.

 B.ID 697/ Continuing Medical Education: a view from EURACT on transfer, motivation and andragogy?

Aim of the WS was :

To introduce, discuss and work with theory on andragogy, motivation and transfer in CME for GPs. At the end participants had the opportunity to explore how to apply educational theory to the delivery of CME in a way that supports learning which is of use in patient care.

• CPD/CME policy statement document

CPD/CME policy statement document summarizing up to date knowledge on CPD/CME in Europe, presented in Riga 2019

Document sent to people out of Euract Council : Zalika Klemenc, Yonah Japhe, Mateja Bulc, Davorina Petek, Alan Shirley, Biserca Bergman, Mario Sammut, Harris Lygidakis, Jette Elbrond, Val Wass to have feedback and broader consensus We will create up second backup, structured and broader document connected to this one - chapters and topics added in the period between - 5b research in CPD/CME.

Short Guidance document on "Best Practice in CME/CPD"

2nd backup document : describes what is actual in the area of CPD/CME to be actualised time to time and presented at the website

This structured document summarises broadly the evidence base for the delivery of effective continuing medical education for GPs/FDs and provides guidance on the planning design, delivery and evaluation of CME

We have already discucced following chapters in Leuven:

1. current state of the evidence base for effective CME for FDs - Jo

2.how to identify learning needs that are relevant to FDs - Jachym

3. options for the delivery of educational interventions and describe the advantages and disadvantages of these options - Pavlo

4.options for the delivery of educational interventions to meet specific primary healthcare needs reflecting changing society - Vesna

5. how to assess the effectiveness of educational interventions. - Ruth / Assessment course in Lisabon?

5.b - research in CME/CPD education

6.specific areas: low resource countries, isolated doctors

7. differences of delivery of CPD/CME between Europe nad world, what is specific for Europe CPD /CME ?

8.technology in CPD/CME / social media, whatsapp etc.

EURACT Educational Conference and WONCA Europe Berlin, June 2020

WONCA 2020 :abstracts, January, 2020 http://www.woncaeurope2020.org/ Plan of responsibilities and three year action:

plan be drawn up for our committee so that tasks are produced in good time to fulfil commitments for council meetings and conferences

Goals:

1.Identifying important topics for CPD/CME (eg. teaching exchange, e-health, diabetes...)

Tasks : all to think about it

2. Creating a platform for comparative data (in concordance with EB)

3. Developing strategies for educational interventions for changes on a national level

Specialist Training (ST) Committee

Nele Michels, Chair

Educational Training Requirements for GP/FM ST workshop WONCA Bratislava start collaboration with Ana L. Neves one pager: hospital training - explorative analysis position paper (approved by EB) Objectives during the Sofia meeting:

... look for a new chair

discuss collaboration with Ana L. Neves new GP/FM definition? start research hospital training - explorative analysis workshop - WONCA Berlin?

Membership Services (MS) Committee

Humbert De Fréminville, Chair

- EURACT International Courses:
 - Sponsoring criteria (finished?) (Renzo); special benefits for people who have finished appraisal
 - Recommendations and contract with the local organizer (Dimitri)
 - Non-attendance of sponsored participants...
 - Participation fee triple of country's annual fee (assessment, level 3, Bled & conference) and double (level 1 & 2)
 - Next courses
 - Assessment Lisbon 10/2019
 - Level 2 Kiev/2020
 - Level 3 where? Budget issues? Needs 15 18000€... more paying participants/less sponsored? Reduce the number of the faculty members → 3? (according to number of participants)
- Wonca Conference in Bratislava 06/2019booth (flyers for next courses and Graz conference; general leaflet; banner with twitter link (Humbert), euract webpage and QR Code with all information; ongoing slide/video presentation (Jachym; no speeches); 2 WS without peer review; more WS?; ---report?
- Berlin WONCA Europe Conference 2020
 Abu Dhabi WONCA WORLD Conference 2020
 Budapest EURACT Educational Conference 2020
- EURACT general leaflet EURACT general leaflet (ask Bruce to update it and create the QR code, Bruce never answered)
- EURACT certificate of membership signed by President and Council member (Dimitri sent it to Barbara to update it)
- More ideas? Moodle for family practice (Humbert)
- Checklist for organizing council meetings (Dimitri)
- Confidentiality/data protection official email to all EURACT members to give consent to have their names on the webpage.

Appendix 3: Updates on task groups' work since last meeting

Appraisal of GP Teachers task group

Roar Maagaard, Chair

Status 25.9.19: Appraised: 7 at EXPERT level Appraised: 1 at COMPETENT level

EXPERT level: 26 have registered – but only 11 have started COMPETENT level: 44 have registered – but only 3 have started

In Sofia we have to deal with:

- A. Resuscitate
- or
- B. Deliver palliative care?

If we choose option A: how to do this?

Provision of Educational Resources task group

Assessment course task group

Renzo De Gabrielle, Chair

- Revision of the materials and slide templates what and how to revise???
 - 10 12 October 2019, in Lisbon, Portugal (35 participants = 12 sponsored + 23 paying; 16 different countries!^(©)

Recruitment task group

Dimitrios Karanasios / Humbert de Fréminville, Acting Chairs

Attracting GPs as members is a problem:

- > Individuals
- > OiCs
- Countries
- KYRGISTAN personal contact in Bratislava, EURACT-VdgM WSP, and e-mail with response
- CYPRUS 3d attempt e-mail to the President of Cyprus Society of GPs Dr. Theodora Zachariadou – no response yet

Work on our brand name – EURACT

Communication EURACT (Academies / Colleges / Associations / other scient. bodies)

ATTRACTIVE NTERVENTIONS

- > Videos from "old" members of EURACT on the website/FB/Twitter
- > Online courses (credits for members)
- > Free access to journals or educational tools on the website

- CME credits (courses and also conferences)
 Active Rep in the Council
 Back-up from EURACT when there is a lack of time to recruit Active buddy in the Council

Appendix 4: Reports from committees

Basic Medical Education (BME) Committee

Helena Karppinen, Acting Chair in Sofia

Present: Anne Simmenroth, Natalia Zarbailov, Arabelle Rieder, Odd Martin Vallersnes and Valentina Madjova

Absent: Francesco Carelli (chair), Milena Cojić and Nino Kiknadze

Committee for Basic Medical Education was busy working on European education requirements for the undergraduate family medicine curriculum, and on surveys during the council meeting in Sofia. Additionally, we were planning abstracts for WONCA Berlin 2020 and the 3rd EURACT Educational Conference in Budapest in September 2020.

• European Education Requirements in UG FM/GP curriculum

- The draft of the European standards was discussed in detail. Some material was added after the mini workshop in Riga meeting. Further improvements, additions and consensus of the content will be made with kind help from other council members after Sofia meeting. Especially learning objectives, as well as educational methods will be explained more thoroughly and referenced accordingly.
- These requirements will demonstrate the minimum standard level that should be aimed at in all European countries, knowing well the vast challenges and differences in all countries.
- After further comments and subsequent revisions this paper will be mailed to EB and then to council members, hopefully to be accepted in the Kiev spring meeting 2020. It will be published on EURACT website later, and hopefully accepted by WONCA as well. Later, we are planning to write a scientific paper of these standards.

• The European Survey 1

- ECE (Early Clinical Exposure by any discipline): The European survey on ECE in FM/ GP undergraduate education will be conducted. This will be an online survey among all EURACT countries and in most universities in each country. Due to its wide distribution, the council member will be asked to mail the questionnaire for survey 1 to one person in each national medical faculty to get ample information of ECE, provided by any discipline during UG curriculum.
- The questionnaire is aligned with the previous, results of which were published by EBM Committee in 2009. The questionnaire was formulated during the meeting to be presented to EB for approval later.

• The European Survey 2

 Overview of FM curricula in European universities: The questionnaire will be mailed to each council member who is then responsible for mailing it to one person in each national medical faculty, one who knows well the FM curriculum. Some data will be shared with British, Canadian and Australian FM/GP researchers who are working with this already. Their questionnaire is available but needs to be shortened for our purposes.

• Plans for WONCA/ Berlin 2020

- Symposium "Standardized FM/GP Education in European Medical Schools now and never?" In this symposium we present the new requirements and some results from the surveys 1 and 2. The symposium consists of short 8 min presentations (max 3-4) with possibilities to vote, and panel discussion to activate the audience. The aim is to empower participating GPs to foster good FM/GP education in European countries and to know collaborators in EURACT.
- Workshop (through ordinary peer-reviewing process) "ECE in medical education. What's the point?" with results from the surveys 1 and 2. In this WS the participants will be able to both share and receive experiences, but also learn why early clinical exposure is beneficial.

• Plans for EURACT/ Budapest 2020

- Workshop "ECE in Family Medicine: Pride or Prejudice?" or "ECE is the key"
- One of the aims of this workshop would be to overcome prejudice that hinders the educators from exposing medical students to patient contacts during the first semesters in medical schools.

Specialist Training (ST) Committee

Nele opened the meeting

Karena made the notes

The first item was election of new Chair. All members were invited to consider this. Nynke Scherpbier kindly put her name forward. Nele indicated that as Chair of the Scientific Committee of the Conference, Nynke would have a lot of responsibilities. The need to support Nynke by all members of the committee was made clear. Nynke stated she will need a note taker for each meeting. This was agreed.

The report from Bratislava meeting was received, the meeting went well.

The next item was the report from the Wonca scholarship holder Ana Neves

Ana has been on maternity from April to September

She wishes to undertake 3 research projects -

1.Description of how ST training is currently organised in Europe

2.Perspective on the core formal/theoretical subjects as perceived by trainees

3. Perspective on the core formal/theoretical subjects as perceived by teachers

Ana will focus on research question 1 and 3 first.

To progress Ana's research:

Small workshop with collaboration with Euract members.

ICMJE criteria to be used for authorship

Nele will collect names of Euract members who are interested in participating

The meeting next moved onto the research project suggested around the hospital experience component of GP training.

Karena presented some background information on current ideas from the literature which may be pertinent to this project. Karena has identified two Irish trainees, one with qualitative research experience in a similar area, and one who is just commencing his GP training.

Then the meeting broke into two groups to establish:

- 1. Should we proceed?
- 2. If so, what is the research question?
- 3. What are the first steps in continuing.

The meeting broke into 2 groups to discuss and then pooled ideas.

1. Should we proceed? It was decided without dissent that this is a worthwhile project which should proceed.

2. If so, what is the research question?

After much discussion the research question was settled as follows:

"What promoting and/or hindering experiences on their professional development do GP/FM trainees report from their hospital placements in various European countries? -A qualitative study"

3. What are the first steps in continuing.

10 committee members expressed interest in being involved in the study. Karena will send around a Doodle poll to identify a suitable time and date for a teleconference/Zoom conference in mid November.

Later in the meeting, it was suggested that the hospital experience qualitative study could be a basis for a workshop for Wonca Europe. Nynke is currently supervising two PhD students – one whose research wishes to define the competences needed or primarysecondary care collaboration on, the other whose research examines the opportunities for collaboration for interprofessional learning.

The Wonca Europe workshop could take the format of information dissemination and a data collecting focus group on the experiences of the participants.

A second workshop could be held in Budapest.

The problems this will cause include funding and ethics approval. It may need to be ethical approval in each country. We can tease this out later.

Erasmus plus project can be approached for funding. Nynke will ask further information.

The next item discussed was the proposal to revise the European Definition of General Practice

A BMJ article 20 years ago first suggested a definition of General Practice was needed. In some countries the relevance of the definition has begun to be questioned.

The Nordic colleges have proposed to Wonca Europe that there be a redefinition of core values of General Practice.

Wonca Europe have agreed to commence this work, and it began with the workshop in Bratislava.

The current definition does not really encompass core values.

There was much discussion around whether the definition should be fundamentally revised or whether it should substantially stand with context or core values added.

There is no clarity at present as to what the future process will be. The meeting agreed to collaborate with Wonca.

CME/CPD Committee

Jachym Bednar, Chair

Present : Jo Buchanan, Ruth Kalda, Radmila Ristovska, Vesna Homar, Peter Vajer, Jáchym Bednář,

Excused and missing: Razvan Miftode

New members : -

Left members since Riga Pavlo Kolesnyk, Nino Kinadze <u>1.report about WSs in Bratislava</u>

A. What is the best teaching method in family doctor's training?

The aims of the workshop were:

to provide concise information about teaching methods in FM/GP education

to raise awareness of advantages and limitations of various teaching methods in FM/GP education

to empower trainers to choose the most appropriate interactive methods for teaching the certain topics in FM/GP education

B : Continuing Medical Education: a view from EURACT on transfer, motivation and andragogy? Presented with Jette Elbrond from Denmark

The Aim of the worshop was:

to introduce, discuss and work with theory on andragogy, motivation and transfer in CME for GPs. At the end participants will have had the opportunity to explore how to apply educational theory to the delivery of CME in a way that supports learning which is of use in patient care.

2. Short Guidance document on : Best Practice in CME/CPD:

CPD/CME policy statement document summarizing up to date knowledge on CPD/CME in Europe, 3 pages

In the period between the document was sent to people out of Euract Council for final approval in Sofia:

These experts were addressed:

Zalika Klemenc, Yonah Japhe , Mateja Bulc, Davorina Petek, Alan Shirley, Biserca Bergman, Mario Sammut, Harris Lygidakis, Jette Elbrond, Val Wass,

To this date, these people have replied: Zalika, Biserca, Mario, Val Wass

Their comments provided to the committee during the session in Sofia

We will address again those, which did not answer yet. (Jo, Vesna, Ruth, Jachym)

We incorporate their comments to have broader consensus

We make a link to the second document - Jo

We will present it to the Euract Council after has been done in the period between Sofia and Kiev 2020 or in Kiev

3.2nd Backup document describing what is actual in the area of CPD/CME

to be actualised time to time and presented at the website,

The structure of chapters to be uniform,

Proposed structure : background, content, summary, reference to books, evidences and articles in journals

This structured document summarises broadly the evidence base for the delivery of effective continuing medical education for GPs/FDs and provides guidance on the planning design, delivery and evaluation of CME:

1. current state of the evidence base for effective CME for FDs - Jo

2.how to identify learning needs that are relevant to FDs - Jachym

3.options for the delivery of educational interventions and describe the advantages and disadvantages of these options – **Pavlo**

4.options for the delivery of educational interventions to meet specific primary healthcare needs reflecting changing society - **Vesna**

5. a) how to assess the effectiveness of educational interventions. – **Ruth / Assessment course in Lisabon ?**

5.b) research in CME/CPD education – Ruth, Jachym

6.specific areas: low resource countries, isolated doctors – **Pavlo, Vesna, Jachym, Mario** 7. differences of delivery of CPD/CME between Europe nad world , what is specific for Europe CPD /CME ? - **Radmila**

8. technology in CPD/CME / social media, whatsapp etc. - Jachym

9. ethical challenges of CPD/CME – Igor Svab , Peter Vajer

10. recertification / reaccreditation – examples from countries to be provided – Ruth, Jo, not political perspective, perspective of patiens

11. professionalism - Jachym, review Igor Svab with help of Vesna

4. report from Bled course , 17.-21.9.2019 , Vesna Homar

topic: Tyrany of health, dealt with overtreatment, overprevention, next course : 2020, 8.-12.9.2020 29th Janko Kersnik Bled course, topic : **Thriving in family medicine**

5. WS to Berlin WONCA , 24-27.6.2020

WS about learning styles, inspired by Leonardo course 1 - to be presented together with

Roar Maagard and other available GPs

6. Budapest – Euract Educational conference No.3 – WSs

1.WS – teaching methods – the same format as already done in Bratislava – Pavlo, Vesna,

Jachym, Ruth

2. WS – about how to teach soft skills, Dr. Marika Dědinová was addressed, she is an expert

she agrees to cooperate with CPD/CME

task : to prepare an abstract : How to teach to keep us resilient and engaged, focus on GPs

7. Longterm plan of responsibilities and three year action: not discussed in Riga, neither in Sofia - postoponed to the next meeting

plan be drawn up for our committee so that tasks are produced in good time to fulfil commitments for council meetings and conferences

Goals:

1. Identifying important topics for CPD/CME (eg. teaching exchange, e-health, diabetes...)

Tasks : all to think about it

- 2. Creating a platform for comparative data (in concordance with EB)
- 3. Developing strategies for educational interventions for changes on a national level
- 4. Another general issue about how to change systems both within our practices and at local and national level the committee will develop learning materials on this topic.

Tasks: All to consider this topic

Member services (MS) Committee

Humbert De Fréminville, Chair

Present: Adam, Denise, Dimitri, Esra, Humbert (chair), Renzo and Yolanda **Absent:** Pavlo

- Courses:
 - Sponsored candidates/ criteria (Renzo)
 - Business plan
 - Appraisal PF: Special benefit = 4 points on the application for sponsored places and no reduced fee to be charged
 - Next courses

- Criteria for the sponsored candidates:

- Concept : simple process, new participant, cooperation btw MSC-local organiser
- Rules : only members, payment (Non attendance) : have to paid 2 months before, Greek platform in english
- Leo sponsored places/country's level of income
- Sponsoring 1 time in 3 years
- 3 places
 - 10€
 - 20€
 - 2 places
 - 30 €
 - 40€
 - 50€
- Business Plan:

•

- Recommendations and contract with the local organizer (Dimitri) :
- 1 Faculty/12 participants + 1 faculty (3 F/24 p, 4 F/36 p)
- Budget issue:
 - Leo 1& 2 = 9 000 €
 - Leo 3 = 18 000€
 - Assessment = 9 000 €

- Bled 3 500 €
- More paying participants/less sponsored?
- Frequency
 - Leo 1 : every 2 years
 - Leo 2 : every 4 years
 - Leo 3: every 4-5 years
 - Assessment: every 4 years
 - Bled : every year
- National courses: not open to international participants, just for locals, although they may choose to deliver in English.
- Next courses :
 - 2019 assessment, Lisbon 10-12 October
 - 2020 level 2, Kiev April (Ruth, Martine, Roger and Egle?); Bled
 - 2021 level 1, Malta?; level 3 (part 1, Adam, Dimitri, Renzo, Jo and Roar?); Bled
 - 2022 assessment; level 3 (part 2); Bled
 - 2023 level 1; Bled
 - 2024 level 2; Bled
 - 2025 level 1; level 3 (part 1); Bled
 - 2026 assessment; level 3 (part 2); Bled
- Data protection: National representative deals with the list: old and new members Letter ? Name (and pictures ?) permission upload DPO ?
- Past WONCA Conferences: <u>Wonca Conference in Bratislava June 2019</u> booth (flyers for next courses) general leaflet banner with twitter link (Humbert), euract webpage and QR Code with all information; ongoing slide/video presentation (Jachym; no speeches); 2 WS without peer review; more WS?; ---report?
- Future WONCA Conferences: Berlin WONCA Europe Conference 2020 Abu Dhabi WONCA WORLD Conference 2020 Budapest EURACT Educational Conference 2020 ? EURACT Educational Conference 2022 ?
- Documents: Repository of updated materials (cloud? Dropbox?) EURACT general leaflet/QR code (Bruce) EURACT certificate of membership signed by President and Council member (Dimitri) Check-list for organizing council meetings (Dimitri) → Sofia model for future meetings?

Appendix 5: Reports from task groups

Appraisal of GP teachers task group

Roar Maagaard, Chair

Participants: Llukan, Ruth, Vesna, Adam, Jo, Peter, Roar (chair).

The activity on the appraisal site has been disappointing limited since our Council Meeting in Riga and also after promotion of the system at Leonardo 1 course in Prague in May 2019.

In Sofia Ruth Kalda chaired a very productive session on motivational interviewing – this workshop had 2 purposes:

- Council member could learn and practice this methodology
- The issue discussed was on applying for appraisal the EURACT way

We think this was a very good starting point for further revitalization of the appraisal system.

Our taskforce decided – with later support from Council:

- 1. The appraisal system should certainly continue and we will try to boost it by:
- 2. All non-appraised Council members will be offered a buddy (1 of the 6 appraised Council members (at the Expert level)) during the next half year in order to help their appraisal prior to the Kiev meeting.
- 3. EURACTs website to list the appraised teachers (with individual permission).
- 4. Marketing of the appraisal portfolio via the "framework-circle" as it gives a very good overview and understanding of the system.

Provision of Educational Resources task group

Arabelle Rieder, Chair

The task-force on the Development of Education Materials discussed the questionnaire survey on blended learning that has been prepared over the last few councils as well as the new page on the website. The future of the task-force was also briefly discussed. **Website**

Website

The blended learning page on the website is almost complete and already gives access to blended learning material. If, as hoped, European teachers provide more material over the next few months, the EURACT website will provide a variety of examples of blended learning courses with access to videos and other technologies that are now part of teaching. The website will be uptdated by December 2019.

Blended learning questionnaire

A pilot questionnaire, that had been developed by the task-force over the last few council meetings on the use of blended learning by European teachers was sent to the Council members before the Sofia meeting. The response-rate was high with 32 responses. 10%

of the respondents were prepared to share blended-learning material. This was an important part of the project and the members will be contacted by the task-force to get access to the material.

The members of the task-force could not commit to sending out the final version of the questionnaire as planned. No member could take responsibility for analyzing the data and writing an article. It was decided to proceed in small steps to ensure that the work-load was shared by different members. Thus, the pilot study will be analyzed by two or three members of the task force and a decision will be taken whether it is feasible to send out an improved version of the questionnaire to all Euract members. The decision will be taken by November or December 2019.

EB support

If the group decides to go forward with the questionnaire, EB will be informed since statistical support and experience will be necessary to ensure the data collection is of good quality. EB already has approved of the questionnaire and statistical support could probably be provided by Viola.

Task-force future

Future projects for 2020 have not been clearly defined. Either the task-force continues to work on Education Material, but more widely than blended learning, or the task-force closes and new task-force is formed with new members.

Assessment course task group

Renzo De Gabrielle, Chair

The task group discussed the final preparations of the Assessment Course to be held between the 10th and 12th October 2019 in Lisbon, Portugal. Denise is compiling the dossiers for faculty and applicants. The update of course contents were also discussed between task group members. It was decided that there would be core elements that need to be delivered but faculty member may include personal experiences. Nele is revising the Assessment Theory module, however all modules are being updated.

The following would be the modules that will comprise the Assessment Course:

- Session 1: Introduction and overview of methods in use in family medicine being delivered by Denise
- Session 2: Theoretical background to assessment methodologies being delivered by Nele
- Session 3: Multiple choice questions including extended matching questions being delivered by Esra
- Session 4: Oral examinations being delivered by Denise
- Session 5: Workplace based assessment methods being delivered by Nele
- Session 6: Consulting/communication skills assessment being delivered by Esra
- Session 7: OSCE (Objective Structured Clinical Examinations) being delivered by Denise

The course content will be disseminated to the participants around 7th October. Participants will be given copies and they can print or modify electronically. There will also be a dossier for trainers. For feedback, a Google form will be used where faculty and participants will give their feedback. Feedback regarding the timetable will be included in the feedback form. The task group also decided that a "Fish bowl" exercise would be helpful to be done during the course. Participants will receive an email prior to the beginning of the course asking them to outline their expectations. This will allow the faculty to be guided accordingly. This question will also be asked at the beginning of the course.

The timetable will in general be kept the same as that of previous Assessment Courses. It was deemed important that the course is then cascaded by participants to the country of origin. Entrusted Professional Activities will be mentioned by the faculty but no module will be dedicated to this form of assessment.

The task group plans to do an expense analysis to determine the sustainability of the Assessment Course. The task group is proposing that another Assessment Course is held in 2022. The task group is putting forward the following points for discussion at the EURACT EB:

- 1. Should the task group be renamed to "Leonardo Courses task group"?
- 2. This task group would be tasked with following up the forthcoming Leonardo Courses
- 3. Will the task group be entrusted about the expertise necessary to deliver Leonardo Courses?
- 4. The task group's opinion is that EURACT should actively work to grow up a new generation of teachers through Leonardo Courses
- 5. Further discussions should be done regarding what should be the basic requirements for a country to be able to apply the EURACT badge to its course (e.g. having one EURACT representative who is listed on the appraisal portfolio follow the delivery of the course).
- 6. Should there be quality assurance of Leonardo Courses that are organised by member countries?
- 7. All Leonardo Course participants should be encouraged to complete the EURACT appraisal portfolio.

Recruitment task group

Dimitrios Karanasios, Chair

Dimitrios Karanasios, Humbert de Freminville. Maria Wendler Jo Buchanan, Barbara Toplek

- Attracting Members ... a problem
 - Individuals it's all about carrots and prizes
 - Booth management has to become better (1-2 people at the booth, planned in advance and a plan at the booth so people can be informed at which time which Expert is at the booth, Spanish speaking booth occupation!!)
 - Some EC members have to be engaged more and encouraged to go to WONCA – learning by listening (double occupation of the booth)
 - Appraisal to be advertised as self-assessment
 - Constantly involving VdGM/young doctors in activities

- Present not the conference at WONCA (just the save the date) too many dates to remember anyway – but present the WORK Euract does – see below
- o OiCs
 - Recruitment Task Group will take care to create a list of Universities and Departments of GP/FM including contacts to advertise EURACT Conference, appraisal, assessment and other courses ...
- Countries
 - Kyrgistan personal contact in Bratislava EURACT-Vdgm WSP and e-mail with response
 - Cyprus 3rd attempt e-mail to the president of Cyprus of GPs Dr.Theodora Zacharidou – no response yet
 - Iceland Feedback from Roar: don't feel strong enough yet to rejoin EC – how to motivate them?
 - Kazakhstan 3 participants in Bled Contact will be made over Vesna Homar
- \circ Services
 - Euract Database for Literature accessible over the homepage and registration there? Free access to journals (expensive annual fee) over EURACT?
 - Online courses (credits for members) blended learning best, to be examined more carefully, Moodle?
 - AMEE online courses → EURACT might not need their own online courses, but AIMEE-courses also could be accepted in the appraisal tool for competent and expert teacher – has to be examined
 - CME credits (courses and also conferences)? not all countries interested – expensive procedure – certificate is enough
 - Vision: WONCA credits for GPs?
 - Videos from "old" members of ERACT on FB/website/Twitter YES!
 - What is EURACT, what do we do?

Make EURACT visible

- Letter (educational activities, appraisal tool, assessment course) to individuals and OiCs but also Departments of GP/FM not yet OiC
- Social Media (twitter, FB)
- WONCA Booth
- EURACT Scholarship? discussed, disadvantage: Outcome uncertain, maybe better to award already finished work (and in parallel gather knowledge about running projects within Europe) resulted in 3 ideas:
- Special Prizes 3 projects:

- Teacher of the year: Teachers that finished appraisal Tool on Expert level are candidates – can apply for teacher of the year – presented and awarded at WONCA Europe conferences – prize: Entrance EURACT conference? WONCA conf?
- Student project of the year: Euract awards special BME-projects that support the further development of GP/FM prize: e.g. 500€ ?
- Educational project of the year GP Trainees/young GPs (and their supervisors) – educational context must be given, it can be an innovative teaching method, huge personal engagement to distribute GP/FM teaching or develop teaching methods in the own country etc.- conference Entrance to EURACT conference
- All winners to be presented in the EURACT-Messenger ©

Appendix 6: New EURACT members

Barbara Toplek, Adm. Secretary

Austria (1)

- Mahmoud Moussa - online

Bulgaria (3)

- Eva Hristova
- Pavlina Zdravkova
- Raditsa Aleksovska

Croatia (OiC 13 + 1)

- OiC: Društvo nastavnika opće / obiteljske medicine (DNOOM), Association of Teachers in General Practice / Family Medicine (ATGP/FM) – 13 members
- Jadranka Soic Karuza, KOHOM

France (1)

- Pauline Girard - online

Georgia (1)

- Tinatin Machavariani - online

Greece (1)

- Konstantinos Kalesis - online

Kosovo

- 8 new members

Latvia (2)

- Dārta Miķelsone
- Ilze Skuja

Serbia (3)

- Snezana Stojanovic Ristic
- Marijana Pesic
- Goran Čitlučanin

Czech Republic (1)

- Olga Janovská – online

North Macedonia (1)

- Natalija Saurek-Aleksandrovska - online

Portugal (OiC 3 new members out of 7 + 7 individuals)

- OiC: ADSO Associação de Docentes e Orientadores de Formação em Medicina Geral e Familiar, the Portuguese organization of teachers and trainers of general practitioners and family physicians (3 new members/4 already EURACT members)
- Andrea Lobão online
- Ana Matos online
- Francisco Nogueira online
- João Moreira
- Sandra Amaral
- João Pereira
- Helena Lopes

Turkey (4)

- EDA CELIK GUZEL
- HASAN HUSEYIN AVCI
- SANEM NEMMEZI KARACA
- BURKAY YAKAR

UK (3)

- Alex Harding
- Ehsan Ahmad
- James Coady

Total: 61