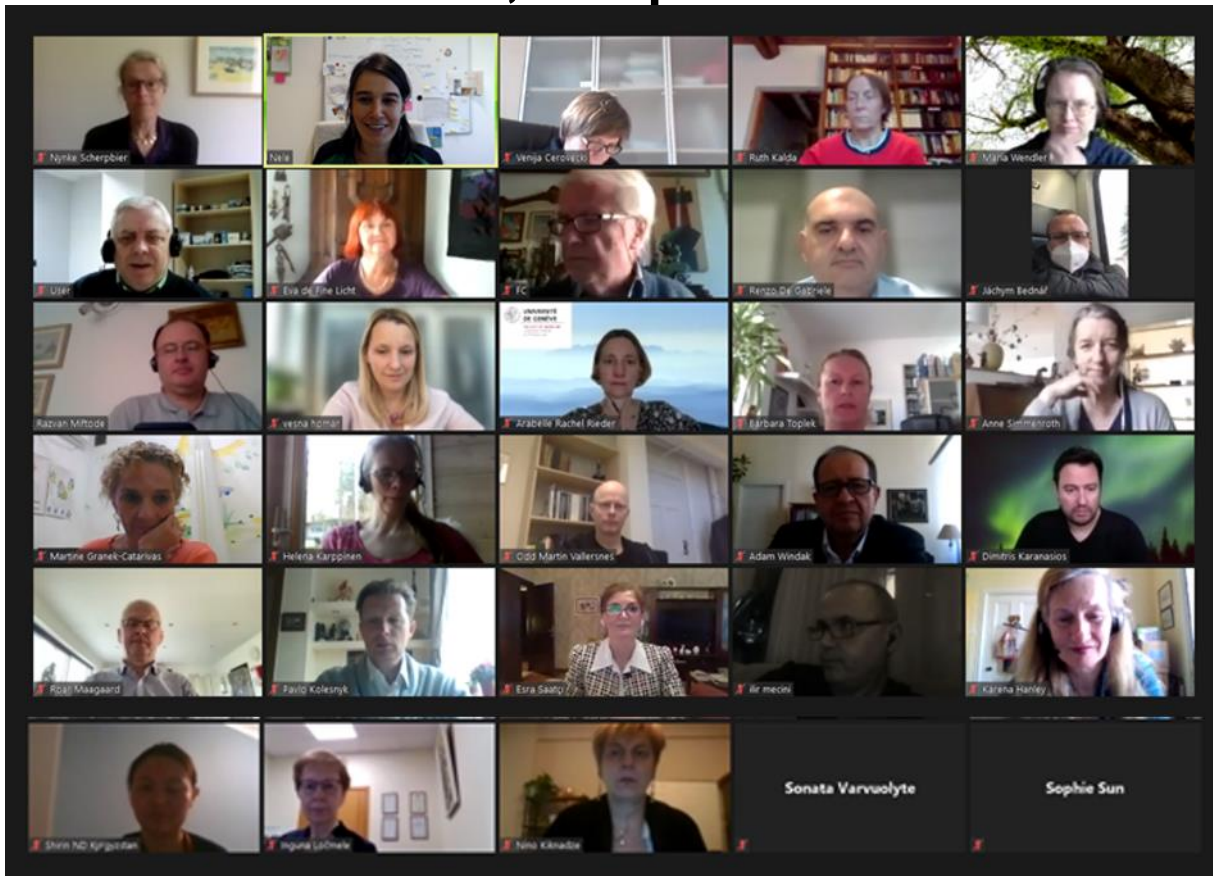




Network organisation within WONCA Region Europe – ESGP/FM
www.euract.woncaeurope.org

Report of EURACT Council Telemeeting Zoom, 22 April 2021



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List of participants

1. Prof Nele Michels, Belgium, President
2. Prof Esra Saatci, Turkey, Hon. Treasurer
3. Dr Dimitrios Karanasios, Greece, EB Member
4. Dr Nynke Sherpbier-de Haan, The Netherlands, EB Member
5. Dr Vesna Homar, Slovenia, EB Member
6. Prof Ruth Kalda, Estonia
7. Prof Adam Windak, Poland
8. Prof Francesco Carelli, Italy
9. Dr Jachym Bednar, Czech Republic
10. Dr Eva de Fine Licht, Sweden
11. Dr Renzo De Gabriele, Malta
12. Dr Martine Granek-Catarivas, Israel
13. Prof Helena Karppinen, Finland
14. Dr Inguna Locmele, Latvia
15. Assoc Prof Roar Maagaard, Denmark
16. Dr Arabelle Rieder, Switzerland
17. Prof Anne Simmenroth, Germany
18. Dr Odd Martin Vallernes, Norway
19. Dr Sonata Varvuolyte, Lithuania
20. Dr Maria Wendler, Austria
21. Dr. Karena Hanley, Ireland
22. Dr Venija Cerovecki, Croatia
23. Dr Nino Kiknadze, Georgia
24. Dr Pavlo Kolesnyk, Ukraine
25. Dr Razvan Miftode, Romania
26. Dr Ilir Mecini, Kosovo
27. Dr. LLukan Rrumbullaku, Albania
28. Dr. Shirin Talapbek, Kyrgyzstan

- Ms Barbara Toplek, Administrative Secretary, Slovenia
- Observers: Dr Sophie Sun, VdG Movement

Not present:

1. Dr Denise Velho, Portugal, Hon. Secretary
2. Prof Valentina Madjova, Bulgaria
3. Dr Humbert de Freminville, France
4. Dr Yolanda Ortega Vila, Spain
5. Dr Péter Vajer, Hungary
6. Dr Natalia Zarbailov, Moldova
7. Dr Natasa Trifunovic, Bosnia & Herzegovina
8. Dr Milena Cojić, Montenegro
9. Dr. Iveta Malikova, Slovakia
10. Prof Alex Harding, United Kingdom
11. Dr Alessandra Clementi, Kazakhstan
12. Dr Dragana Trifunovic Balanovic, Serbia
13. Dr Mariia Litviakova, Russia



Report of the Meeting

Thursday, 22 April 2021

Previously to our Council Meeting, EB had two online meetings on February 18th and March 18th and one online pre-council meeting with the chairs of the committees and taskgroups on April 12th. During these meetings, EB discussed the agenda, timetable and technical aspects of the upcoming Council Telemeeting.

The following documents were sent to all Council Members beforehand:

1. The meeting agendas (general and business meeting)
2. President's report (appendix 1)
3. WONCA representative's report (appendix 2)
4. Hon. Secretary's report of the September 2020 meeting – available from our website.

These documents were all taken as read. With no feedback forthcoming from the council members present, the reports were approved.

The agenda for the Council Telemeeting that took place Thursday, 22 of April of 2021, was the following:

13:00 - 14:00	<u>Council Session - Part I</u>
14:00 - 14:15	<i>Break</i>
14:15 - 15:30	Committees Session – BME (Francesco / Helena) – ST (Nynke) – CPD (Jachym) – Member services (Humbert)
15:30 - 16:00	<i>Break</i>
16:00 - 17:15	Task Groups Session – Appraisal of GP teachers (Roar) – Online Education: Hot topics (Arabelle / Pavlo) – Leonardo courses (Renzo) – Recruitment and Visibility (Dimitrios)
17:15 - 17:30	<i>Break</i>
17:30 - 18:00	<u>Council Session - Part II</u> Conclusions and end of meeting

Note: All times were CEST.



Items discussed:**1. Council Session**

President Nele Michels presented the meeting agenda which had every participants' approval. As 28 out of 41 Council Members were present, as confirmed by Admin. Secretary Barbara Toplek, the required quorum was reached.

a) Welcome

President Nele Michels opened the Council Meeting and welcomed participants (President's ppt presentation - appendix 3). The President gave a warm welcome to our new council member, Dr. Shirin Talapbek, from Kyrgyzstan. Since last Council Meeting, the Executive Board has three new members, Dimitrios, Nynke and Vesna. Our president appreciated their hard work in all the online meetings and work between the council meetings. A special thank you to the previous EB members who also worked very well for EURACT, Adam, Francesco and Ruth. Outcomes since Sept 2020 were highlighted. Information on CME programmes on COVID-19 and pain and osteoarthritis and a proposal for funding of research were also presented.

b) Finances Reports

Hon. Treasurer Esra Saatci presented the financial reports (see President's ppt presentation - appendix 3).

c) Online election of Hon. Treasurer:

Our current Hon. Treasurer, Esra Saatci, was still eligible for a third and final term and was the only candidate. No voting was necessary and Esra was congratulated for her third term.

d) Approval of new members

The following country candidates for EURACT membership were all approved:

Greece

- Giorgos Agrafiotis
- Despoina Karamitrou

Italy

- Marina Mesina

Switzerland

- SAFMED Teaching group (6 members)

Turkey

- Hüseyin ELBİ
- Murat ALTUNTAŞ
- Ayşen MERT BENGİ
- Filiz AK
- Mustafa OĞULLUK
- Özlem SUVAK



e) Statement of CM's engagement in committees and TF

(see President's ppt presentation – Appendix 3). Dimitrios presented the statement and some CMs thought it was too strict and EB may think of another more flexible way to work on projects. EB will discuss this further.

f) EURACT Educational Conference, Budapest, September 2021

(see President's ppt presentation – Appendix 3) Due to the pandemic situation, our EURACT Educational Conference has been postponed one more time, to Autumn 2022. This fall we will have our Council Meeting online on October 7th and an Autumn online symposium on October 13th.

2. Committees Session

The chairpersons of the committees sent the following reports:

Committees:

- Basic Medical Education (BME) – Francesco Carelli (Appendix 4)
- Specialist Training (ST) – Nynke Scherpbier (Appendix 5)
- CME/CPD – Jachym Bednar (Appendix 6)
- Member services (MS) – Humbert de Freminville (Appendix 7)

3. Taskgroups Session

The chairpersons of the taskgroups sent the following reports:

Task groups:

- Appraisal of GP Teachers – Roar Maagard (Appendix 08)
- Online Education: Hot topics – Arabelle XX and Pavlo XX (Appendix 09)
- Leonardo Courses – Renzo XX (Appendix 10)
- Recruitment and Visibility– Dimitrios Karanasios (Appendix 11)

The post-council meeting with chairs was held on May 5th 2021.



Appendix 1 – President's report

President's Report, October 2020 – April 2021

Despite the (social) standstill, spring has begun again, trees and flowers are blooming again. And we too have started a new EURACT year. Despite the changing world, everything is still going on and we have all achieved a lot. Time to look back ...

I am delighted that we can officially welcome our 42nd country: Kyrgyzstan is now part of our organisation. I already had the opportunity to meet Dr Shirin Talapbek online, and I am happy to see her with you again at our spring meeting.

Since our last meeting (Sept 2020), a new EURACT EB was elected. Thanks to Adam, Francesco and Ruth for their work in the past, we could immediately start discussing and developing old and new projects in a very constructive way. It is sometimes challenging, especially within the corona pandemic, but we have certainly found our way.

So have you, in the committees and the task groups. A lot of work has been done; BME guidelines and CME guidelines have been finalised and published at the EURACT and WONCA Europe website. All committees contributed to the WONCA conference (Berlin online, Dec 2020) and to the WONCA Europe World Book of Family Medicine by writing 4 chapters. Meanwhile, the committees and task forces have had meetings, started new studies or projects, reflected on the future, ... Projects and studies have also been further developed across committees and task forces. We are still working on the impact study of COVID-19 on GP training and the data from our first 'quick' study on COVID-19 have been submitted for publication. In light of the new WONCA Europe definition on General Medicine/FM and the related (new) core values, a manuscript was submitted on behalf of EURACT and accepted for a special edition of *Frontiers in Medicine*.

Our case-based CME project on COVID-19 is almost ready to be launched. This project, in collaboration with WONCA Europe and ISSECAM, will provide free CME to all our members and other GPs, in addition to additional funding for our organisation. With this extra budget we will be able to finance our own research if needed. At our Council Meeting more information will be given, next to information about a second CME project on Pain & Osteoarthritis.

In December, WONCA Europe highlighted EURACT in their newsletter and on their website. Also on behalf of EURACT I was invited to speak at the KBV #healsy20 Web Congress (Germany, Oct 20) on challenges in GP Specialty Training. Additionally, Martine, Alex, and I could give a lecture on 'GP education and COVID-19' on the International Trakya Family Medicine Congress (Turkey) in a session shared by Esra. Also, Pavlo was invited as a speaker at the congress.

Next to all the work we do, these invitations are important for our visibility as an organisation. We must use, accept and cherish these opportunities. In the near future we should even dare to do this more pro-actively. I am thinking of a new newsletter to send out to all our members and of using social media even more. To be continued ...

Nele Michels
April 2021



Appendix 2 - Report from EURACT representative on WONCA Europe Executive Board

WONCA Europe Executive Board continues to work exclusively online. No face-to-face took place since February 2020. Monthly virtual meetings and regular e-mail communication create a ground for daily management of the organization. Below selected matters of potential interest of EURACT are presented:

Handover of Presidency

- On 12 March 2021 Prof. Mehmet Urgan has resigned as WONCA Europe President. This decision was expected and announced already in 2019 (ten years period in EB expired in 2020).
- According to the bylaws regulations, the president-elect, Prof. Shlomo Vinker, took up the office as a new WONCA Europe President. Virtual handover ceremony was organized during WONCA Europe EB videoconference.
- Due to the vacant position of a president-elect a call for nomination of candidates has been issued and sent to all member organizations. Till the date only candidacy of Prof. Thomas Frese from Germany has been received. The postal voting will be organized shortly.

WONCA Conferences

- WONCA Europe 2021 Conference in Amsterdam will be fully virtual. Due to the COVID-19 constrains there will be no face-to-face Council meeting organized during the conference. The possibility of an online Council meeting is explored now. There are plans to organize a WONCA Europe Open Meeting, which are discussed with the Dutch College of GPs hosting the meeting.
- WONCA World 2021 Conference in Abu Dhabi might be also exclusively virtual. The final decision is still missing. Most probably there will be no WONCA Europe Council meeting organized during this conference, however final decision about it is still pending.
- Preparations for WONCA Europe 2022 Conference in London are well advanced. The amendments to the contract have been made and now are under consideration of Guarant – a Czech company, selected to be a core PCO for 3 consecutive WONCA Europe conferences.
- Bids for annual conferences in 2023 and 2024 have been received from Belgian and Irish colleges of GPs, which want to host the conferences. For 2024 there is a bid received from Elegeia – one of the three Greek member organizations belonging to WONCA. This last application has however serious formal flaws (lack of agreement with core PCO) and most probably will not be eligible for further considerations.

External collaboration

- Several groups and organizations are seeking a ground for a closer collaboration with WONCA Europe. Close working relations have been established with European Medicines Agency, World Health Organization Regional Office for Europe and European Forum for Primary Care.
- Formal proposals to establish new Special Interest Groups (SIG) of WONCA Europe have been received/. One would deal with a lifestyle medicine and the second one with the social prescribing. The last application has been submitted by EURIPA. WONCA Europe EB is exploring the details in order to prepare a background for a final decision of the Council.
- WONCA Europe will sign a Memorandum of Understanding with European Cancer Organisation, which will define the details of mutual collaboration.
- There are also plans to establish close working relationships with European Federation of Periodontology. Negotiations about the details just have been started.

Financial situation

- Due to the unsure income from annual WONCA Europe conference in 2020 which in previous years contributed in roughly 50% to the budget of the organization, the financial situation is still difficult, however stable. This is mainly due to serious cuts of expenses (costs of secretariat, travels, support for the networks and the journal) as well as additional sources of income (grants, projects). The final financial report from Berlin conference is not available yet, but hopefully some income will be available to WONCA Europe.
- WONCA Europe continues to seek for savings and new sources for income to maintain financial liquidity. Again the networks were approached to explore their readiness to waive or reduce the annual financial support from WONCA Europe. They vary in responses. The one from EURACT was not received yet.

Adam Windak, EURACT representative

WONCA Europe EB member at large, Krakow, 14 April 2021



Appendix 3 - President's ppt presentation for the meeting



WELCOME



EURACT Spring meeting

Online, 22th of April

WELCOME

dr. Shirin Talapbek / Kyrgyzstan



Council Meeting Agenda

Thursday 22 April 2021

Thursday 22 April 2021	
13:00 - 14:30	<u>Council Session - Part I</u>
14:30 - 14:45	<i>Break</i>
14:45 - 15:30	Committees Session – BME (Francesco) – ST (Nynke) – CPD (Jachym) – Member services (Humbert)
15:30 - 16:00	<i>Break</i>
16:00 - 16:45	Task Groups Session – Appraisal of GP teachers (Roar) – Educational Resources and Website (Arabelle / Pavlo) – Leonardo courses (Renzo) – Recruitment and Visibility (Dimitrios)
16:45 - 17:00	<i>Break</i>
17:00 - 18:00	<u>Council Session - Part II</u>

→ Did you let us know in which

- committee
- task group

you will participate?

if not →



thanks to Vesna & Barbara for organising
Zoom & break out rooms!

Agenda

presentations & discussions

Finances reports (Esra)

Election EURACT Hon. Treasurer (Barbara)

Approval of new members (Barbara)

Statement of CM's engagement in committees and TF (Dimitrios)

EURACT Educational Conference, Budapest, September 2021 (Nynke, Nele & Peter)

Specific requests from Committees and TaskForces (Chairs)

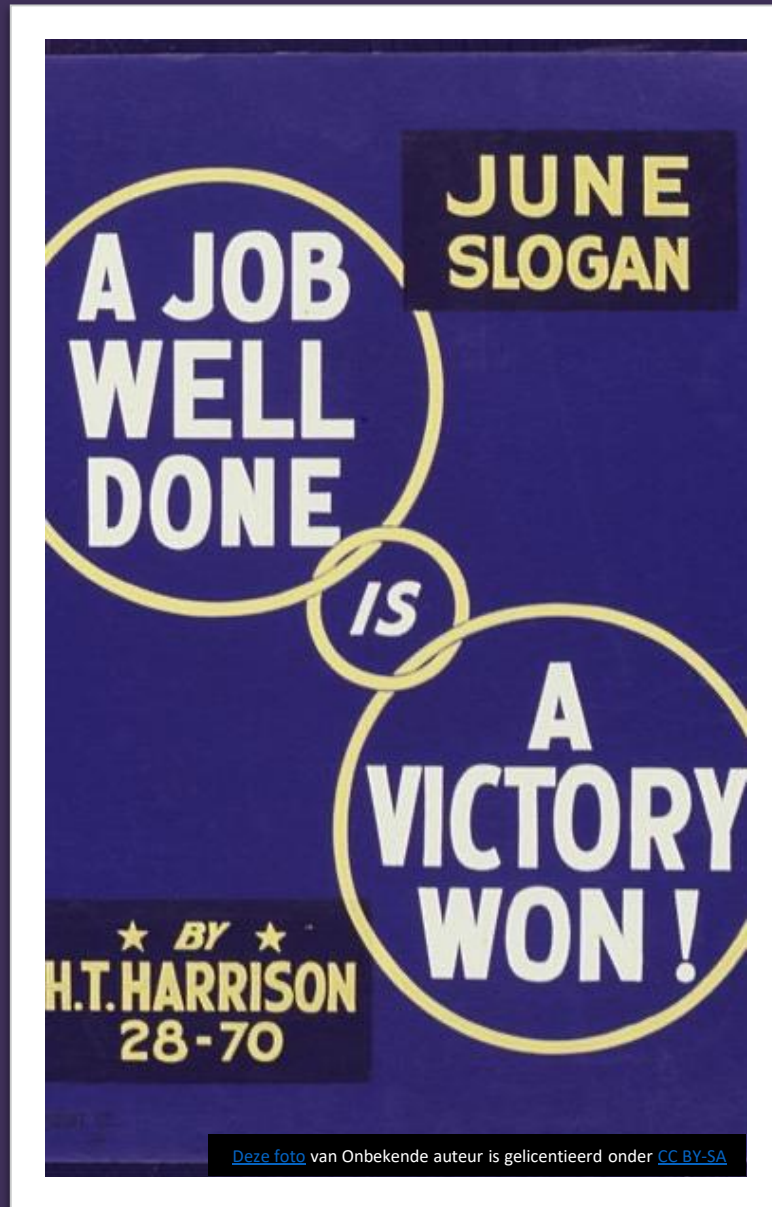
Agenda

information

President's report (Nele)

Honorary Secretary's report – meeting Council Sept 2020 + meeting EB Jan 2021 (Denise)

WONCA representative's report (Adam)



- new EURACT EB
- 4 chapters in WONCA World Book of FM
- CME Educational Requirements – website!
- article on new core values & GP education
- COVID-19 studies
 - Quick study (April 2020) → submitted for publication
 - Key expert study → round 2 is finished
- CME projects (+ WONCA Europe)
 - COVID-19 → almost ready to be enrolled
 - Osteo-arthritis & Pain → to start
- study on hospital training
- study on ECE (BME committee)
- WONCA Europe Berlin
- March & May 2021: Turkish GP conference
- June 2021: Conference Kyrgyzstan
- ...

European case-based independent programme for Continuing Medical Education (CME) for general practice:



COVID-19 management



Chronic pain in osteoarthritis

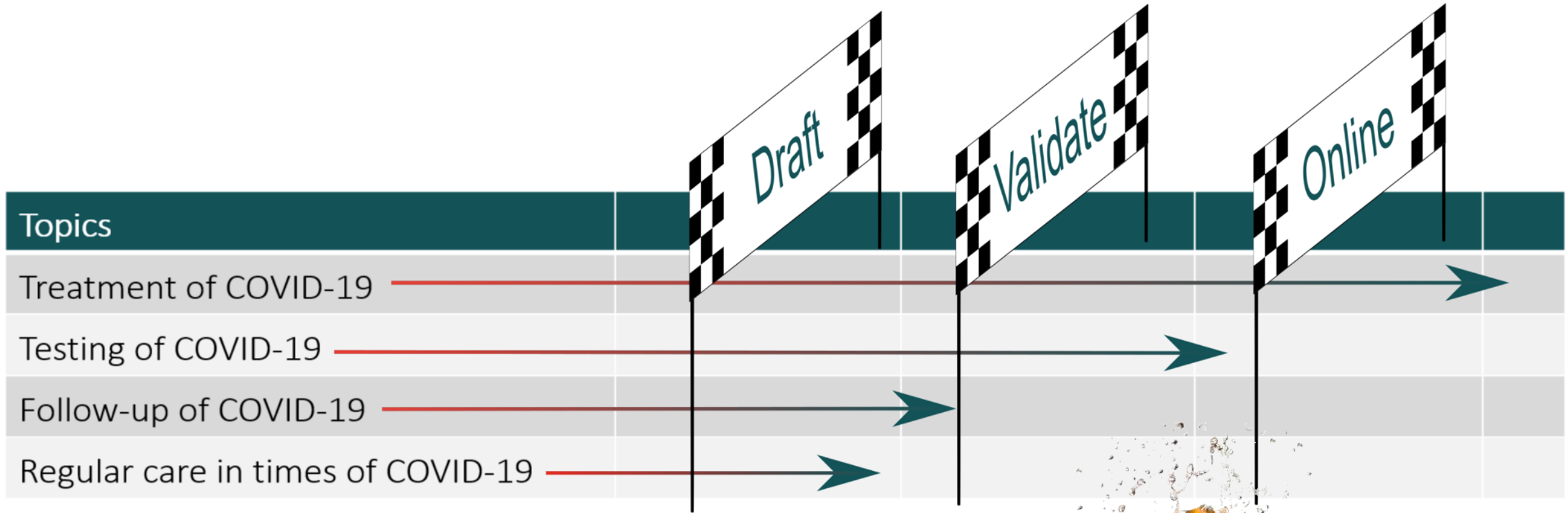
Independent case-based CME platform

- Series of cases ('topics') around essential clinical questions
- Short cases with different options
- Direct feedback
 - Answers of peers who already completed that case
 - Validated recommendation of an international multidisciplinary expert panel
 - Short summary of relevant literature and guidelines related to that case
- Assessment of 10 questions for each topic
- EACCME-accredited



CME on COVID-19 management

Current status CME on COVID-19





COVID-19 > Treatment of COVID-19

Sally (32 years old)

Sally, a 32-year-old teacher who loves hiking, introduces herself in your consultation hour. You know her as a trustworthy and competent person. She has rheumatic arthritis symptoms since she started with the Tocilizumab additionally to the Methotrexate, one year ago. Your laboratory values concerning the liver and kidney ; dry cough and headache. Her actual oxygen saturation is 97%, blood pressure 140/90 mmHg and the respiratory rate 19/minute.

Her daughter, five years old, was tested positive with COVID-19 3 days ago. Sally was subsequently tested with also a positive outcome.

Her actual medication:

- Tocilizumab 162 mg once a week as a subcutaneous injection (planned for tomorrow)
- Methotrexate 10 mg once a week

What is the best treatment option for this patient?

- No changes
- Only stop Tocilizumab
- Only stop Methotrexate
- Pause both medications



COVID-19 > Treatment of COVID-19

Sally (32 years old)

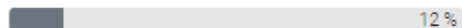
View case ▾

Your peers answered:

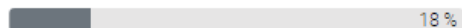
No changes



Only stop Tocilizumab



Only stop Methotrexate



your answer change answer?

Pause both medications



Expert panel recommendation:

No changes



Only stop Tocilizumab



Only stop Methotrexate



Pause both medications



Median panel score (9-point scale):

1-3=inappropriate, 4-6=uncertain, 7-9=appropriate

Clinical perspective; regulatory approval and local restrictions not considered

Evidence

abbreviations



Next case



[Disagree or comments?](#)



Evidence

 abbreviations



Next case



This patient is affected by rheumatoid arthritis, treated stably with Tocilizumab and Methotrexate, and has developed COVID-19 disease.

According to ACR guidelines, patients doing well on a stable dose of steroid and/or Disease-Modifying Antirheumatic Drugs should be allowed to continue the same [1], although the NICE guidelines specify that patients with known or suspected COVID-19 should temporarily stop DMARDs other than hydroxychloroquine and sulfasalazine [2]. As far as actual evidence shows, Tocilizumab (which itself was tested as a potential medication against COVID-19 [3]) should be continued also during an acute infection. Stoppage of methotrexate and leflunomide may be considered, depending on the individual patient and the decision of the rheumatologist, and for documented or presumptive infection it is recommended to stop sulfasalazine, methotrexate, and leflunomide [1]. Prednisolone with a dose greater than 10 mg was associated with a higher rate of hospitalization. Neither exposure to DMARDs nor NSAIDs were associated with increased odds of hospitalisation [3,4]. Further work is needed to understand whether immunomodulatory therapies affect COVID-19 incidence [4].

References

1. Roongta R, Ghosh A. Clin Rheumatol 2020;39:3237-44. [Pubmed](#)
2. National Institute for Health and Care Excellence (NICE). COVID-19 rapid guideline: rheumatological autoimmune, inflammatory and metabolic bone disorders. Update July 2020. Available at: https://www.guidelines.co.uk/musculoskeletal-and-joints-/covid-19-rapid-guideline-rheumatological-autoimmune-inflammatory-and-metabolic-bone-disorders/455277_article
3. Salama C, Han J, Yau L, et al. N Engl J Med 2021;384:20-30. [Pubmed](#)
4. Gianfrancesco M, Hyrich KL, Al-Adely S, et al. Ann Rheum Dis 2020;79:859-66. [Pubmed](#)
5. Haberman RH, Castillo R, Chen A, et al. Arthritis Rheumatol 2020;72:1981-89. [Pubmed](#)



CME on chronic pain management in OA

Points of action: Major topics



Diagnosis: Symptoms, affected joints, tests to perform, managing referral (e.g. imaging)

Non-pharmacologic treatment: Physiotherapy, patient education, aid devices

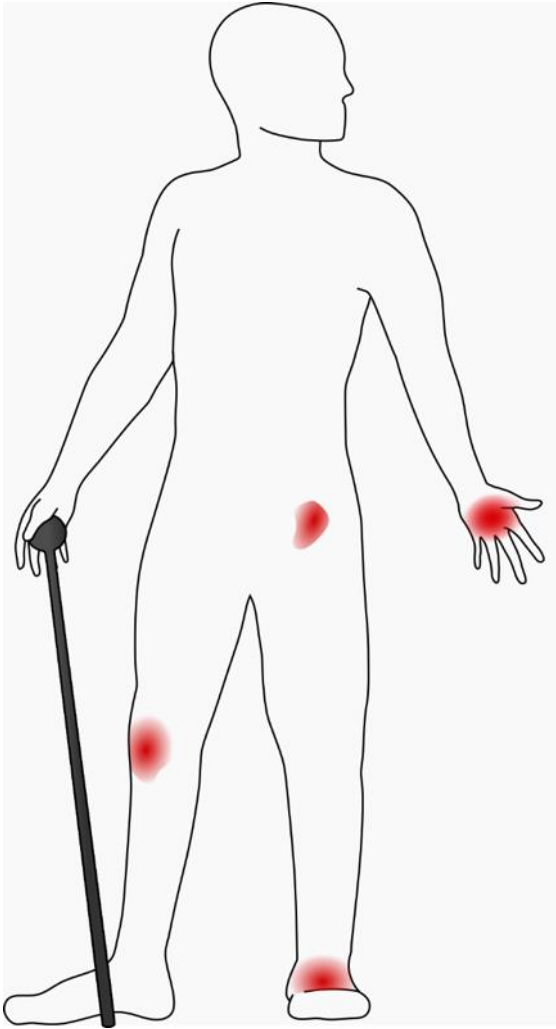
Pharmacologic treatment: 1st line treatment, posology and management for ineffective treatments, parallel conservative strategy, evaluation, advanced lines of treatment, follow-up



Individualised plan: Other medications, aging, pregnancy, comorbidities, risk factors

Referral: When to refer, to whom (physiotherapist, pain specialist, surgeon)

Pharmacologic treatment: Complexity



- **Affected area(s):** Knee, ankle/foot, hip, hand, polyarticular joint
- **Severity:** Mild, acute, severe
- **Efficacy of interventions:** Early diagnosis, timely intervention, patient-centered approach
- **Comorbidities and risk factors:** cardiovascular, gastrointestinal, renal, patient age and weight



Steps of action

Process



Survey for learning needs and will to participate identification

Selection of topics and case subjects by Working Group (WG)

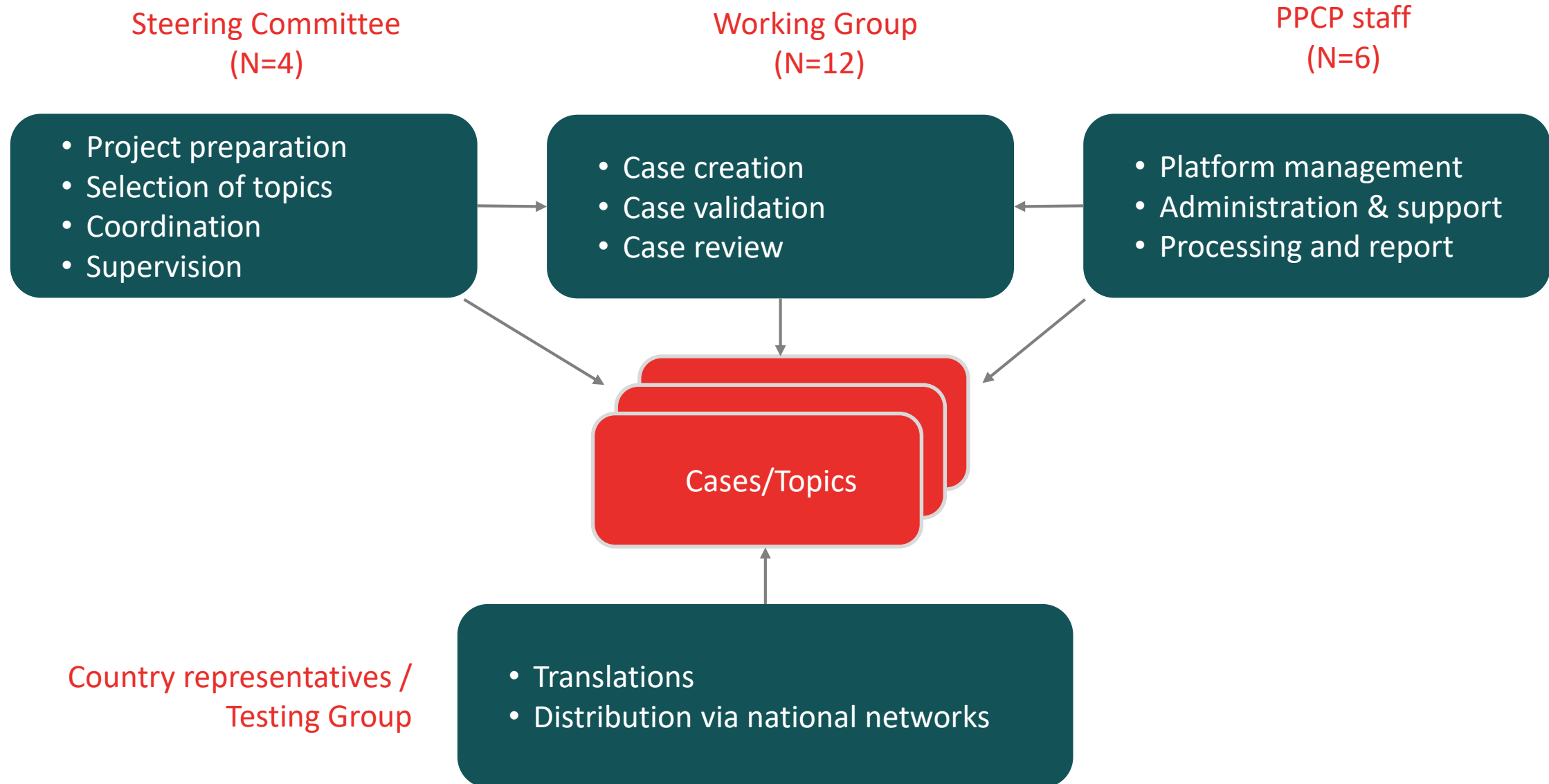
Preparation of cases and evidence by individual WG members

Validation (rating) and review by all WG members

Finalisation including questions for CME assessment

→ Online PinPoint Case Platform

Structure



Next steps



- **Survey** → learning needs + interest to participate in WG?
 - Link sent via email after meeting or here
 - Complete by April 30th

<https://survey.mirrorsmed.org/s3/CMEChronicPain>



Funding for research



Proposal for research support - EURACT	
Title of project	
Date of this proposal	
Names of council members involved	
Are other people involved? If yes, names	
Brief summary of the project (max 200 words), e.g.: <input type="checkbox"/> Aim of the project <input type="checkbox"/> Research question <input type="checkbox"/> Methods <input type="checkbox"/> Analysis	
Relevance for EURACT	
Relevance for GP education	
What do you need the funding for? If personnel costs: - what kind of activities - estimated hours If material costs: What kind of material	
What other funding do you have available?	
How much funding do you need? Only expenditures with a proper invoice can be sponsored by using the EURACT claim form (available from the EURACT secretariat)	

Checklist	
Relevance for EURACT 1-10	
Scientific rigor 1-10	
International research team 1-10	

EURACT EB will examine your application and decide whether your request can be honoured or not, or can be partially honoured.

Agenda

presentations & discussions

Finances reports (Esra)

Election EURACT Hon. Treasurer (Barbara)

Approval of new members (Barbara)

Statement of CM's engagement in committees and TF (Dimitrios)

EURACT Educational Conference, Budapest, September 2021 (Nynke)

Specific requests from Committees and TaskForces (Chairs)

Agenda

presentations & discussions

Finances reports (Esra)

EURACT Financial Report Spring 2021

Esra Saatci

Online Council Meeting 22 April 2021

EB Report 16 January 2021

- Current Balance: **64.783,92**

EB Report 16 January 2021

- Auditing before General Meeting in Spring 2021 – 2 EURACT members to be determined.
- *Josephine Buchanan (UK)* as nominated as a new auditor with current auditor *Luis Filipe Gomes (Portugal)*.
- Nele is to invite him. – both have accepted

EB Report 16 January 2021

- Reimbursement system for council members attending council meetings from low-income countries:
 - Accommodation: Three nights in a hotel can be reimbursed. The hotel bill is usually paid directly by the Hon. Treasurer. In the situation where the organiser of a council meeting does not select a specific hotel, then a council member seeking re-imbusement should look for an inexpensive option and check this with the treasurer prior to confirmation.

EB Report 16 January 2021

- Travel Expenses:
- Council members are reimbursed personally for up to 75% of their travel expenses, this is capped for each meeting at no more than double the amount of the total membership fees paid by the country that year (ref. financial report in the report of the EURACT Spring 2014 Council meeting, page 31).

Membership fees 2021

- Due to the favourable financial position of EURACT it was decided that the category bands should be adjusted so that more countries qualify for reimbursement.
- The fees are based on the Gross domestic product (GDP) per capita at Purchasing power parity (PPP) per capita as estimated by the IMF.

The following option was agreed

<u>Fee categories</u>	<u>Fee</u>	<u>Countries</u>
• \$<14.999	€10	6
• \$15.000-29.999	€20	10
• \$30.000-36.999	€30	6
• \$37.000-44.999	€40	10
• \$≥45.000	€50	10

<p>Countries with GDP at PPP pc of < Curr. Int. \$ <14.999: fee of 10 Euro</p>	<p>Albania, Bosnia & Herzegovina, Kosovo, Krygyzstan, Moldova, Ukraine Total: 6 countries</p>
<p>Countries with GDP at PPP pc of Curr. Int. \$ 15.000-29.999: fee of 20 Euro</p>	<p>Bulgaria, Croatia, Georgia, Greece, Kazakhstan, Montenegro, N. Macedonia, Russia, Serbia, Turkey Total: 10 countries</p>
<p>Countries with GDP at PPP pc of Curr. Int. \$ 30.000-36.999: fee of 30 Euro</p>	<p>Hungary, Latvia, Poland, Portugal, Romania, Slovakia Total: 6 countries</p>
<p>Countries with GDP at PPP pc of Curr. Int. \$ 37.000-44.999: fee of 40 Euro</p>	<p>Czech Republic, Estonia, France, Israel, Italy, Lithuania, Malta, Slovenia, Spain, United Kingdom Total: 10 countries</p>
<p>Countries with GDP at PPP pc of > Curr. Int. \$ ≥45.000: fee of 50 Euro</p>	<p>Austria, Belgium, Denmark, Finland, Germany, Ireland, Netherlands, Norway, Sweden, Switzerland Total: 10 countries</p>

5 countries down

Croatia has moved from 30 to 20 euros

Greece has moved from 30 to 20 euros

France has moved from 50 to 40 euros

Malta has moved from 50 to 40 euros

UK has moved from 50 to 40 euros

4 Countries up

- Georgia has moved from 10 to 20 euros
- Romania has moved from 20 to 30 euros
- Estonia has moved from 30 to 40 euros
- Lithuania has moved from 30 to 40 euros

INCOME 2020

INCOME	EUROS
Membership fees 2020	14.100,00 (predicted 25.000)
WONCA funding	4.000,00 (predicted 8.000)
LdV Course (returned registration fees)	3.783,00
TOTAL	21.883,00 (predicted 33.000)

10 euro countries

Country	Membership fee (collected) (euros)
Albania	
Bosnia & Herzegovina	
Kosovo	
Kyrgyzstan	30
Moldova	
Ukraine	710

20 euro countries

Country	Membership fee (collected) (euros)
Bulgaria	
Croatia	500
Georgia	
Greece	1.290
Kazakhstan 2019 membership difference	20
Macedonia	
Montenegro 2019	80
Russia	
Serbia	220
Turkey	

30 euro countries

Country	Membership fee (collected) (euros)
Hungary	
Latvia	
Poland 2019	240
Portugal 2019	1.650
Romania	
Slovakia	

40 euro countries

Country	Membership fee (collected) (euros)
Czech Republic	
Estonia	
France	
Israel	
Italy 2019	300
Lithuania (2018, 2019, 2020)	90
Malta	
Slovenia	
Spain 2019 and 2020	720
United Kingdom	850

50 euro countries

Country	Membership fee (collected) (euros)
Austria	275
Belgium	
Denmark	575
Finland	
Germany	
Ireland	300
Netherlands	1.450 + 1.450
Norway	2.875
Sweden	
Switzerland	475

EXPENDITURES

EXPENDITURE	EUROS
Vienna EB meeting January 2020	3.066,74 (predicted 3.000)
Secretariat expenses	6.000 (predicted 6.000)
EURACT Leonardo Level 1 Course Kiev (cancelled)	5.457,82 (predicted 9.000)
Barbara Toplek (travel)	320,00 + 163.70
Bank charges	461,01 (predicted 350)
TOTAL	15.469,27 (predicted 33.000)

BALANCE

- **Current Balance: 64.783,92**

Audit

- Auditing before the Online Spring Council Meeting 2021

Audit

- In EB meeting 2021, it was agreed that that Filipe remains as one auditor, with Jo being asked to be the 2nd auditor.

Audit report-1

- To: **EURACT Executive Board**
- To: **EURACT Secretariat**
- Dear friends and colleagues
- In my role as an Auditor to EURACT accounts, I am now to present the respective report. After carefully reviewing all the accounts referring to 2020, I found no errors or mistakes whatsoever. The current 2020 balance, referring to the 31st December 2020, shows a superavit of 6 439,94 €. This balance is correct.
- The overall current balance shows a positive evolution and is now of 64 783,92 (2019 overall balance of 58 343,98 € plus 2020 superavit of 6 439,94 €). I am therefore able to state that all the accounting referring to EURACT finances for the year 2020 is correct and needs no further action.
- With my best regards
- Luís Filipe Gomes
- Portimão, Portugal, the 22nd February 2021

Audit report-2

- To: **EURACT Executive Board**
- **EURACT Council**
- I have received the task of auditing EURACT 2020 financial balance from EURACT Executive Board. This audit report is produced for presentation at the Council Meeting in April 2021. I have been presented with the following:
 - Spreadsheet of all financial records of the year (2020)
 - Spreadsheet of previous year (2019) financial records
 - Balance account.
 - Predicted budget of 2020 presented at EURACT Council Meeting (April 2020)
 - The financial data are all recorded chronologically in a straightforward way, distributed into logically formed columns. The calculated sums of each column are placed in the top line, these are checked to be correct. All data are easily explainable and seem to be in accordance with the activities of EURACT.

Audit report-2

- This has been an extraordinary year due to the COVID 19 pandemic. It is understandable that both the income and expenditure fell during 2020. There has been a significant reduction in membership fee income from 24,909,01 Euros in 2019 to 14,101.00 Euros in 2020. Many organisations are finding it difficult to collect membership fees as people have been distracted by the immediate needs of the pandemic. The support grant from WONCA Europe was also reduced to 4000 Euros from 8,000 Euros.
- This fall in income was compensated for by a reduction in expenses as courses and the conference were cancelled. The expenditure for 2020 on Courses was 5457.82 Euros as compared with 27,458.00 Euros in 2020.
- The balance on the account remains extremely healthy at 64,783.92 Euros as compared with 58,343.98 Euros in 2019.

Audit report-2

Comparative Results	Previous 2019	Actual 2020	Predicted 2020
INCOME	EUR	EUR	EUR
Member Dues	24,909.01	14,101.00	25,000.00
WONCA Funding Project / Lisbon Course	8,000.00	4,000.00	8,000.00
Interests	4,565.00	3783.00	
Others	0.00	0.00	
	581.48	0.00	
Total income	38.055,49	21,884.00	33,000.00

Audit report-2

Comparative Results	Previous 2019	Actual 2020	Predicted 2020
EXPENDITURE	EUR	EUR	EUR
Council meetings	4.249,65	320.00	4,000.00
EB	2.639,70	3,230.44	3,000.00
Secretariat	6,000.00	6,000.00	6,000.00
LdV Project	2,110.43	0.00	2,500.00
Bank fee/tax	325,49	435.80	350.00
Extras	249,57	0.00	500.00
Other Meetings	27,458.00	5,457.82	15,700.00
Total Expenditure	43.032,84	15,444.06	37,050.00

Audit report-2

	Previous 2019	Actual 2020
BALANCE	58.343,98	64783.92

Audit report-2

- There are as expected significant differences in the predicted budget and the actual spend. This is to be expected given the unforeseen circumstance of the pandemic which shut down international travel and courses and conferences.
- The reserves as stated in the balance are still significantly greater than what is required to run the organisation efficiently in the perceivable future and provide a good starting point from which to resume face to face activities in the future.
- I have no uncertainties or doubts about the accuracy of the expenses and income registration.
- From this audit I state that the financial operations of EURACT are run and registered precisely and accurately, according to the demands of the organisation.
- I appreciate the efforts and efficiency of Honorary Treasurer, Esra Saatci, and of Barbara Toplek and I wish to thank them for their work.
- Jo Buchanan
- 01.03.2021

- **EURACT**
- **Predicted budget 2021**

INCOME 2021 (predicted)

INCOME	EUROS
Membership dues	40.000
Wonca funding	4.000
WE Berlin	6.000
Total	50.000

EXPENDITURE (Predicted)	EUROS
Secretariat expenses	6.000
Reimbursement for 6 countries for Council Meeting autumn 2021	2.500 (if not online)
Secretariat travel to meetings	1.000 (if meetings are not online)
Appraisal portfolio	1.250
Bank commission	500
WONCA Europe 2021 Amsterdam	Online
Bled Course September 2021 (5 sponsored places)	3.500 (if not online)
Leonardo Course November 2021 (12 places)	9.000 (if not online)
Other	500
TOTAL	24.250,00

Predicted

- **50.000 euros income**
- **24.250 euros expenditure**
- **+ 25.750 euros**

- Thank you for your attention 😊

Agenda

presentations & discussions

Finances reports (Esra)

Election EURACT Hon. Treasurer (Barbara)

election

Honorary Treasurer

only 1 candidate:

prof. Esra Saatci

2 full terms → 3rd term



Agenda

presentations & discussions

Finances reports (Esra)

Election EURACT Hon. Treasurer (Barbara)

Approval of new members (Barbara)

approval of new EURACT members

Greece

- Giorgos Agrafiotis
- Despoina Karamitrou

Italy

- Marina Mesina

Switzerland

- SAFMED Teaching group (6 members)

Turkey

- Hüseyin ELBİ
- Murat ALTUNTAŞ
- Ayşen MERT BENGİ
- Filiz AK
- Mustafa OĞULLUK
- Özlem SUVAK

Agenda

presentations & discussions

Finances reports (Esra)

Election EURACT Hon. Treasurer (Barbara)

Approval of new members (Barbara)

Statement of CM's engagement in committees and TF (Dimitrios)

“Guidelines for Council Members engagement in Committees/Task Forces”



Dimitrios Karanasios on behalf of EURACT EB

Ascertainments

Both targets/outcomes and memberships of committees (COM) and especially task forces (TF) can be volatile

COM and TF vary in:

- the number of their members
- in the degree to which each member is engaged (with the tasks and the overall work to be produced)

Ascertainments

Moreover, it is not always clear:

- for the chairs: who is engaged also between Council Meetings, and
- what happens with the CMembers whenever a TF changes features (title, topic etc.)

EURACT's ARTICLES OF ASSOCIATION

ARTICLE 14

- **7.** On the nomination of the Executive Board the general meeting may institute committees and project groups (*or TF*), which receive specific instructions and which report to the Executive Board or the general meeting.

EURACT Council Member - Job Description

Obligations of EURACT Council Members

- Council Members should sign up for a standing committee for a three-year period. Council Members should participate in the work of Task Forces.

Person specification

- **6)** Is self-aware, understand the tasks and responsibilities being asked, and be able to be self-supporting in this role.

Therefore...

EURACT EB decided
to put some rules
on how Council Members
have to be engaged COMs & TFs

How Council Members have to be engaged in the COM & TF:

After elections, new members should seek for a COM and a TF:

- with some time for exploration if needed
- possibility of choosing COM/TF before entering the Council as new member in dialogue with the President and given the member's expertise and COM/TFs' vacancies

How Council Members have to be engaged in the COM & TF:

Number of members per COM/TF:

Council Members may choose, but with :

- a minimum of 5 members/COM-TF, and
- a maximum of 12 members/COM-TF

How Council Members have to be engaged in the COM & TF:

Duration of being in a COM/TF:

- COMs: for a minimum of 3 years
(period between elections)
- TFs: for a minimum of 1 year

How Council Members have to be engaged in the COM & TF:

Switch to a new COM/TF is allowed if:

- the existing one has been removed or has changed its features (topic, title etc.)
- the new elected CMember realizes that he/she would better fit in another COM/TF (during the participation in his/her 1st CM)

How Council Members have to be engaged in the COM & TF:

COM's/TF's Chairs responsibility:

- To promote equal participation of Council Members into the COM/TF

→ 14.45h: you will be directed to your **committee**

→ task for the chair:

→ prepare 1 slide

→ send the slide to Barbara

→ **15.30h BREAK**

→ 16.00h: you will be directed to your **task group**

→ task for the chair:

→ prepare 1 slide

→ send the slide to Barbara

→ **16.45h BREAK**

→ 17.00h **council session part 2** → same link as in the e-mail

Br

reak



Agenda

presentations & discussions

Finances reports (Esra)

Election EURACT Hon. Treasurer (Barbara)

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Statement of CM's engagement in committees and TF (Dimitrios)

EURACT Educational Conference, Budapest, September 2021 (Nynke, Nele & Peter)



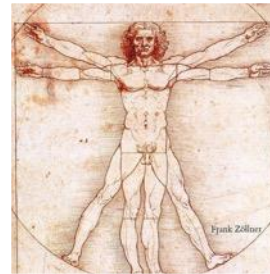
postponed again → September 2022



September 2021:
online Bled Course +
'Bled/EURACT' lecture



October 2021: online
Council Meeting &
Symposium



November 2021:
online Leonardo
Course Level 2

October 2021

- Online Council Meeting → Thursday 7th October 2021
- Online symposium: key note + discussion/workshop in small groups
 - Wednesday 13th October 2021 – 17.00-19.00h CEST ?
 - Friday 15th October 2021 – 15.00-17.00h CEST ?
- who is organising this with us?

<https://www.surveymonkey.com/r/CMXHBJZ> or



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Specific requests from Committees and TaskForces (Chairs)

Requests from Committees & Task groups

- BME (Francesco, Helena)
- ST (Nynke)
- CME (Jachym)
- MS (Humbert)

- Appraisal/Portfolio (Roar)
- Online education (Pavlo, Arabelle)
- Leonardo Courses (Renzo)
- Recruitment & Visibility (Dimitrios)

1 slide – 1 minute + 1 minute for questions

take care



2 surveys:

- EURACT symposium (dates & engagement)

<https://www.surveymonkey.com/r/CMXHBJZ> or



- CME on Pain & Osteoarthritis (learning needs & engagement)

<https://survey.mirrorsmed.org/s3/CMEChronicPain> or



Appendix 4 – Reports from Committees

BME Committee

- Involving as much as possible all Committee Members
- Involving soon (next BME zoom meeting next week) in the already running ECE Survey
- Involving all in EURACT Seminar /September
- Choosing topic (chosen)and methods
- Discussing about next survey (starting after Summer) and how to get, concentrated, the best of quality informations

CME/CPD Committee

- **Done/published:** document / European Requirements for GP/FM Continuous Medical education
- CPD committee has produced a series of background documents- 46 pages, which follow up and elaborate 1st document mentioned above
- This structured document is a mosaic of CPD/CME life , describing different aspects of it
- Chapters:
- 1. current state of the evidence base for effective CME for FDs
- 2.how to identify learning needs that are relevant to FDs
- 3.options for the delivery of educational interventions and describe the advantages and disadvantages of these options –
- 4.options for the delivery of educational interventions to meet specific primary healthcare needs reflecting changing society
- 5. how to assess the effectiveness of educational interventions
- 6. research in CME/CPD
- 7. ethical challenges of CPD/CME
- 8. recertification / reaccreditation
- **9. professionalism in GP/FM**
- CPD committee has proposed to publish this **46 page document** after review proces done by EB until the summer ?
- We are asking Euract Council members : which chapters are missing ? What was not said in chapters already done ?
- We can offer individual chapters remade or adjusted (or syntesised) to journals focused on FM/GP education (Educ. For PC journal etc.)



- We have proposed : to make a survey within Euract Council on CPD/CME state of art in member countries
- We have proposed to ask Council members again about re-certification processes in their countries – we have a questionnaire already done 10-12 years ago (Ruth was the leader of this project before)
- Jachym will send to Nele and CPDC/CME summary of history of activities done since 2011 – abstract of WS, documents etc- we can store them somewhere (we used to have Dropbox file for this)

MSC

- Leonardo EURACT courses
 - Level 1 – should be face-to-face only
 - Level 2 – an attempt to have a virtual version in November (Martine, Ruth, Renzo, Dimitrios)
 - Lower costs (only faculty, platform, no travels, hotels, meals etc.)
 - Details in June
 - Registration open in July
 - Sponsorships expected, but probably lower
 - Level 3 – easiest to organize, but most difficult for participants
- Bled Course – hybrid form
 - Free for EURACT members, sponsorship expected
- Hot Topics of Online Education
 - 3 x 2h online seminars (Karena, Arabelle, Pavlo)
 - Validation by Council Members in November
- Local courses - Greece
- WONCA Europe – A'dam 2021
 - EURACT workshops?
- Committees and TF
- Commitments at least for half a year

ST Committee

Roar, Maria, Shirin, Eva, Inguna, Sonata, Nele, Martine, Ilir, Sophie, Lukan
Protocol: Maria

- **Who would like to be our new Chair?**



- Nynke has to step down due to EB and university – volunteers?
- **Report of our last meeting (Martine) - accepted**
- **Update hospital placement study**
 - Positive and negative factors of hospital placements for GP-Identity building
 - Slow but good progress, coding started, many interviews already done
 - Interviews are done by students, standardized
 - Project was reduced due to pandemic reasons (Workshop limitations, problems with international focus groups)
 - Involved: Nele, Sonata, Vesna, Karena, Nynke, passively trying to keep up: Maria, Martine wants to rejoin
- **Update core values – Roar**
 - Nele, Nynke, Igor Swab, Roar – writing a paper on new core values and teaching about new core values – soon to be published
 - WONCA Europe Council asked a group of GPs to modernize/review core values – partly presented at Workshop in Berlin - Presentation in the next WONCA Council, discussions in Amsterdam and next EURACT EC are going to be possible
 - All the Networks had representatives + WONCA EC Members, around 10 persons – one pager of core values
 - Should be planned for EURACT EC plenary next EC
- **Raison d'être of ST?**
 - What is the mission and goal of this Committee?
 - Roar: Help educators to develop in teaching, we should be inspiration for our colleagues, focusing to much on research should be avoided. We should develop thinkings how ST-Training should be done and improved
 - What new is coming from Europe/EURACT?
 - Our task is to try to facilitate information to the ST-Trainers in Europe
 - How to broaden up?
 - Discussion:
 - Maria: EURACT Appraisal System – have there been new Applications? Is it a possibility to catch up with teachers during the ongoing pandemic?
 - Nynke: atm we all experience strain and workload due to the pandemic, last year this limited activities a lot
 - Karena: but still no reason to be worried – new energies are going to come
- **Preparing the Wonca workshop for networking in research**



- See abstract
- **Any other business?**
 - Question of last year: how to handle 'border crossing-issues' in GP/FM ST – exchange and placements –
 - European Limitations, freedom of movement? Migration of **trainee doctors**? Migration of **qualified doctors** (are there training requirements that have to be fulfilled still?)?
 - This lack of knowledge in qualified doctors is seen as ST-job, because it was missed in their former education -> so often sent to ST
 - Martine, Eva, Sonata and Roar are preparing this topic for next ST-meeting
 - Including language issues
 - **Martine: Experience exchange about ST-Training?**
 - Projects, Improvements, creative solutions
 - **Next time:** 1 slide 5 min for ST-Sessions to improve this exchange
 - **ST welcomes the idea**
 - Suggestion Eva: Take a special theme and look into it in every country?
 - Majority votes for spontaneous presentations about Innovations or failures

Summary:

- **Question of chair** – open
- **Update hospital Placement study** – running, Interviews and coding are running
- **Improvement of Experience Exchange:** ST needs to return to internal experience exchange to bring those experiences back to other countries
 - **1 slide 5 min**
 - spontaneous presentations (outvoted special themes)
- **WONCA Workshop** – in planning
- **Question of the future:** 'border crossing-issues' in GP/FM
 - Roar, Eva, Martine and Sonata are going to prepare this topic



Appendix 5 – Reports from Task groups

Appraisal TF

Shirin, Nele, Nynke, Vesna, Adam, Llukan, Roar. 22.4.21.

Conclusions:

- A new and cheaper (for EURACT) contract now signed
- We should still encourage GP trainers to apply for appraisal
- Still need for this task force!
- A physical Council meeting would be helpful 😊
- 2 new ideas:
 - Council Members: Do the appraisal with your group of peers in the department/your group of teachers
 - A mail to be sent to all Council Members: Do you want a personal help to doing your appraisal? → contact us to get this personal hand-held 1:1 support

The appraisal system is (still) a beautiful EURACT baby!

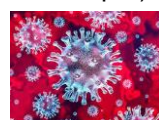
Hot topics in Online Education TF

- New product of our task force: A new brand in EURACT activities: **“Hot topics of online education. Online seminars”**
- **3 Online seminars: 2 hours each** led by Pavlo, Arabelle and Karena
- Main subject of 3 online seminars: How to keep on being good teachers in our field (undergraduate/postgraduate/CME) in this new online world?
- Target audience: all medical teachers in all fields.
- seminar #1: **“How to remain a good medical teacher on a changing online world before and after COVID-19”**. Arabelle and her subgroup
- seminar #2: **“Secrets of a good online teacher with a big audience. Masterclass of online education”** Pavlo and his subgroup
- seminar #3: **“Workshop in Online Small Group Learning» (Secrets/tips of a good teacher with small audience/small groups)”** Karena and her subgroup
- Distribution of members into the 3 groups
- Following work in 3 subgroups led by co-chairs, 2-3 meetings of subgroups
- Pilot a created product and prepare for the EURACT validation in fall 2021

Leonardo Courses TF

Renzo, Martine, Esra, Jachym, (Dimitrios, Ruth)

- Working on an online Level 2 for November 2021
 - 8 participants x 4 groups over 3 days
 - Faculty split in twos to focus on changing modules
 - Get technical and faculty expenses to cost it (expected to be cheaper)



- June present to EB including new fee for participants and sponsorship places
- July issue applications
- Leonardo cycle (to be decided by EB later on in the year)
- Autumn/Winter 2022 physical Level 1
- 2023 physical Level 2
- ? Assessment Course and Level 3 can be done always online (?one of them in 2023)
- Revision of modules for all courses (especially introduce Online Teaching modules) – task after delivery of Level 2

Recruitment and visibility TF

- **COUNCIL MEMBERS PREPARE A LIST OF THEIR COUNTRY ORGANISATIONS**
(Universities, GP/FM Associations/Academies, PHC Scientific bodies etc) - sent it to Barbara
- **ESTABLISH EURACT'S DATABASE FOR SEARCHING THE LITERATURE:**
separate page in our website (2 options: subscription to a recognized database like Cochrane + list of links guiding to educational resources in GP/FM) – Responsible ? MSE – RTF ?
- **CME CREDITS:** not needed/wanted by every country
- **EDUCATIONAL PROJECT OF THE YEAR (TRAINEE/MENTOR) – AWARD:**
Every second year - Presentation at EURACT Conference and Euract Messenger - Applications over EURACT Website - Advertisement over the own Network, Messenger and VdGM.

NEXT: Approval of EC and EB

- Application form for Webpage (Responsibility?)
- Project Evaluation after Submission (Criteria? → help needed from EC Members Committee? 1 or 2 persons from BME, 1 or 2 persons from ST, 1 EB Rep (Pres.?)

OTHER IMPORTANT ISSUES:

- EURACT-funding??? (does not exclude from Award-application and vice versa)
- Award winners: Number of students getting entrance to EURACT conference – it was in discussion between one or several last year (up to a max. amount of e.g. 500 € registration fees in total) – has to be decided

